



## Roast Potatoes with Paprika

 Vegetarian  Gluten Free  Dairy Free  Low Fod Map

READY IN



45 min.

SERVINGS



6

CALORIES



467 kcal

SIDE DISH

### Ingredients

- 0.5 teaspoon pepper black freshly ground
- 1 tablespoon kosher salt
- 1 cup mayonnaise
- 0.5 cup olive oil
- 1.5 tablespoons paprika
- 3 pounds potatoes cut into 1 1/2-inch chunks ( 8 medium)
- 3 tablespoons sherry vinegar

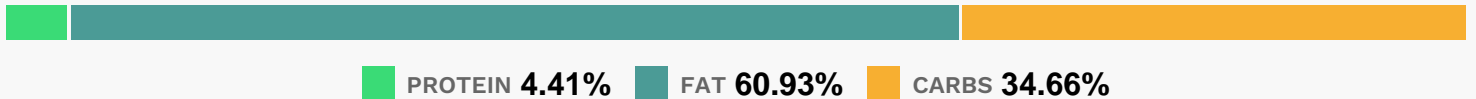
### Equipment

- bowl
- oven
- whisk
- roasting pan

## Directions

- Heat oven to 450 F.
- Place the potatoes in a shallow roasting pan. In a small bowl, whisk together the oil and vinegar.
- Drizzle the mixture over the potatoes and toss well.
- Combine the salt, pepper, and paprika in a small bowl.
- Sprinkle the mixture over the potatoes and toss to coat.
- Spread the potatoes in a single layer. Roast until the potatoes are crisp and golden, about 1 hour.
- Serve hot with the mayonnaise.

## Nutrition Facts



## Properties

Glycemic Index:30.13, Glycemic Load:29.18, Inflammation Score:-7, Nutrition Score:16.363043639971%

## Flavonoids

Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Kaempferol: 1.81mg, Kaempferol: 1.81mg, Kaempferol: 1.81mg, Kaempferol: 1.81mg Quercetin: 1.59mg, Quercetin: 1.59mg, Quercetin: 1.59mg, Quercetin: 1.59mg

## Nutrients (% of daily need)

Calories: 467.1kcal (23.36%), Fat: 31.96g (49.17%), Saturated Fat: 4.96g (31.02%), Carbohydrates: 40.91g (13.64%), Net Carbohydrates: 35.26g (12.82%), Sugar: 2.16g (2.4%), Cholesterol: 15.68mg (5.23%), Sodium: 1415.31mg (61.54%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 5.21g (10.41%), Vitamin K: 69.01µg (65.72%), Vitamin C: 44.73mg (54.22%), Vitamin B6: 0.71mg (35.5%), Potassium: 1007.59mg (28.79%), Fiber: 5.64g (22.57%), Manganese: 0.41mg (20.26%), Vitamin A: 891.66IU (17.83%), Vitamin E: 2.28mg (15.18%), Phosphorus: 143.47mg (14.35%), Magnesium: 56.27mg (14.07%), Copper: 0.27mg (13.42%), Vitamin B3: 2.57mg (12.84%), Iron: 2.3mg

(12.76%), Vitamin B1: 0.19mg (12.74%), Folate: 39.04µg (9.76%), Vitamin B5: 0.78mg (7.82%), Vitamin B2: 0.1mg (5.97%), Zinc: 0.8mg (5.31%), Calcium: 36.15mg (3.62%), Selenium: 1.66µg (2.37%)