



## Roasted Red Pepper-Pesto Spread

 Gluten Free

READY IN



300 min.

SERVINGS



1

CALORIES



2911 kcal

CONDIMENT

DIP

SPREAD

### Ingredients

- 0.5 cup classico basil pesto sauce and spread traditional
- 16 oz philadelphia cream cheese softened
- 3 eggs
- 0.5 cup parmesan cheese grated kraft
- 1 cup polly-o original ricotta cheese
- 0.5 cup roasted peppers pureed red drained

### Equipment

- bowl

- oven
- hand mixer

## Directions

- Preheat oven to 325F. Beat cream cheese and ricotta cheese in medium bowl with electric mixer on medium speed until well blended.
- Add eggs, one at a time, mixing well after each addition.
- Add remaining ingredients; mix well.
- Pour into 9-inch pie plate.
- Bake 50 min. or until center is almost set. Cool completely. Cover.
- Refrigerate 4 hours or overnight.
- Let stand at room temperature 15 min. before serving to soften slightly.
- Serve with assorted crackers.

## Nutrition Facts

**PROTEIN 12.79%** **FAT 80.07%** **CARBS 7.14%**

## Properties

Glycemic Index:54, Glycemic Load:8.8, Inflammation Score:-10, Nutrition Score:44.2221736286%

## Nutrients (% of daily need)

Calories: 2910.83kcal (145.54%), Fat: 260.87g (401.34%), Saturated Fat: 132.05g (825.29%), Carbohydrates: 52.38g (17.46%), Net Carbohydrates: 49.55g (18.02%), Sugar: 22.22g (24.68%), Cholesterol: 1129.07mg (376.36%), Sodium: 4812.74mg (209.25%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 93.76g (187.53%), Vitamin A: 11204.49IU (224.09%), Selenium: 133.2µg (190.29%), Calcium: 1697.6mg (169.76%), Phosphorus: 1469.54mg (146.95%), Vitamin B2: 2.32mg (136.68%), Vitamin B12: 3.69µg (61.52%), Zinc: 9.14mg (60.92%), Vitamin B5: 5.33mg (53.26%), Vitamin C: 32.55mg (39.45%), Vitamin E: 5.81mg (38.76%), Vitamin B6: 0.75mg (37.51%), Folate: 146.82µg (36.71%), Potassium: 1235.5mg (35.3%), Iron: 5.26mg (29.2%), Magnesium: 109.14mg (27.29%), Vitamin D: 3.39µg (22.57%), Copper: 0.34mg (16.99%), Vitamin B1: 0.22mg (14.69%), Vitamin K: 13.5µg (12.86%), Manganese: 0.26mg (12.81%), Fiber: 2.82g (11.3%), Vitamin B3: 1.19mg (5.97%)