

SIDE DISH

Roasted Tomatoes with Garlic, Gorgonzola and Herbs

4 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
45 min	5 min	40 min	8	\$0.73	158 kcal



Roasted Tomatoes with Garlic, Gorgonzolan and Herbs requires about 45 minutes from start to finish. One portion of this dish contains approximately 5g of protein, 10g of fat, and a total of 158 calories. This recipe serves 8 and costs 73 cents per serving. 3 people were impressed by this recipe.

Ingredients

☐ ½ teaspoon freshly ground black pepper	☐ ¾ cup plain bread crumbs
☐ 2 tablespoons chopped fresh flat-leaf parsley	☐ 2 cloves garlic, minced
☐ ½ teaspoon kosher salt	☐ ¼ cup olive oil
☐ ¾ cup finely crumbled Gorgonzola or grated Parmesan cheese	☐ 12 Roma tomatoes, sliced in 1/2 lengthwise

Method

- 1 Preheat the oven to 375 degrees F.
- 2 Using a teaspoon or grapefruit spoon, remove the seeds from the tomatoes.
- 3 Place the tomato halves, cut side down, on paper towels to drain, about 5 minutes.
- 4 In a large bowl, mix together 2 tablespoons of the olive oil, garlic, salt, and pepper. Using clean hands, gently toss the drained tomato halves in the oil mixture until coated. Marinate the tomatoes for 10 minutes.
- 5 In a small bowl mix together the bread crumbs and Gorgonzola cheese.
- 6 Place the marinated tomato halves, cut side up, on a parchment paper-lined baking sheet. Fill each tomato half with the bread crumb filling.
- 7 Drizzle with the remaining olive oil.
- 8 Bake for 20 to 25 minutes until slightly softened and the underside of the tomatoes are brown.
- 9 Arrange the cooked tomatoes on a serving platter.
- 10 Sprinkle with the chopped parsley and serve immediately.

Nutrition per serving

158	5 g	10 g	12 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			2.5 g · 16% of daily needs
Fibre			1.7 g · 7% of daily needs
Sugar			3.1 g · 3% of daily needs
Sodium			389 mg · 17% of daily needs
Cholesterol			8.2 mg · 3% of daily needs
Vitamin C			14.3 mg · 17% of daily needs

Adapted from Foodnetwork. Find this recipe, ratings and more ideas at [whatsheate.com/roasted-tomatoes-with-garlic-gorgonzola-and-herbs-147750](https://www.whatsheate.com/roasted-tomatoes-with-garlic-gorgonzola-and-herbs-147750)