



Rodeo Ghost Cocktail from West of Pecos



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



75 kcal

BEVERAGE

DRINK

Ingredients



2 dashes angostura bitters



1 serving cranberry-orange relish



1 ounce mirin sweet

Equipment

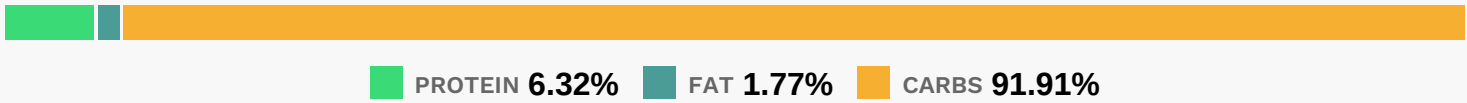
Directions



Fill a mixing glass with ice.

Add mezcal, Zucca, sweet vermouth, and mole bitters. Stir until well chilled. Strain into an ice-filled rocks glass and garnish with orange twist.

Nutrition Facts



Properties

Glycemic Index:42.5, Glycemic Load:3.6, Inflammation Score:-5, Nutrition Score:4.7217391794143%

Flavonoids

Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 74.5kcal (3.72%), Fat: 0.11g (0.17%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 12.6g (4.2%), Net Carbohydrates: 10.44g (3.8%), Sugar: 8.68g (9.64%), Cholesterol: 0mg (0%), Sodium: 0mg (0%), Alcohol: 3.59g (100%), Alcohol %: 3.78% (100%), Protein: 0.87g (1.73%), Vitamin C: 47.88mg (58.04%), Fiber: 2.16g (8.64%), Folate: 27µg (6.75%), Vitamin B1: 0.08mg (5.22%), Potassium: 162.9mg (4.65%), Vitamin A: 202.5IU (4.05%), Calcium: 36mg (3.6%), Vitamin B6: 0.05mg (2.7%), Magnesium: 9mg (2.25%), Vitamin B5: 0.22mg (2.25%), Vitamin B2: 0.04mg (2.12%), Copper: 0.04mg (2.03%), Vitamin B3: 0.25mg (1.27%), Phosphorus: 12.6mg (1.26%), Manganese: 0.02mg (1.13%), Vitamin E: 0.16mg (1.08%)