



Roll About Sugar Cookies

 Vegetarian

READY IN



45 min.

SERVINGS



48

CALORIES



111 kcal

DESSERT

Ingredients

- ☐ 4 teaspoons double-acting baking powder
- ☐ 1.3 teaspoons baking soda
- ☐ 1 cup butter shortening flavored
- ☐ 2 eggs
- ☐ 4.5 cups flour all-purpose
- ☐ 1 cup milk
- ☐ 1 teaspoon vanilla extract
- ☐ 1.5 cups sugar white

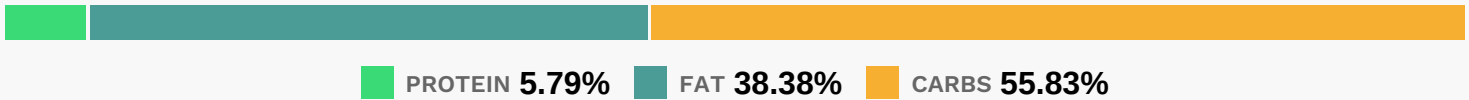
Equipment

- ☐ baking sheet
- ☐ oven
- ☐ cookie cutter

Directions

- ☐ Preheat oven to 350 degrees F (180 degrees C).
- ☐ Cream together the sugar, shortening, and eggs.
- ☐ Add dry ingredients and then add milk and vanilla.
- ☐ Roll out dough on floured surface and cut with cookie cutters.
- ☐ Place on cookie sheets.
- ☐ Bake for 8 to 10 minutes. Do not let cookies get too brown, only slightly around the edges.
Store in a tightly closed container. They freeze well also.

Nutrition Facts



Properties

Glycemic Index:5.73, Glycemic Load:11.01, Inflammation Score:-1, Nutrition Score:2.2656521563945%

Nutrients (% of daily need)

Calories: 110.56kcal (5.53%), Fat: 4.74g (7.3%), Saturated Fat: 1.24g (7.74%), Carbohydrates: 15.52g (5.17%), Net Carbohydrates: 15.2g (5.53%), Sugar: 6.53g (7.26%), Cholesterol: 7.43mg (2.48%), Sodium: 68.84mg (2.99%), Alcohol: 0.03g (100%), Alcohol %: 0.12% (100%), Protein: 1.61g (3.22%), Selenium: 4.67µg (6.67%), Vitamin B1: 0.1mg (6.43%), Folate: 22.31µg (5.58%), Vitamin B2: 0.07mg (4.39%), Manganese: 0.08mg (4.06%), Vitamin B3: 0.7mg (3.49%), Iron: 0.62mg (3.44%), Phosphorus: 28.73mg (2.87%), Calcium: 28.74mg (2.87%), Vitamin K: 2.33µg (2.22%), Vitamin E: 0.29mg (1.94%), Vitamin B5: 0.13mg (1.27%), Fiber: 0.32g (1.27%)