

Room with a Grand View



Vegetarian



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



225 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.5 teaspoon allspice dram (for coating glass)
- ☐ 4 drop angostura bitters
- ☐ 1 teaspoon egg whites
- ☐ 2 ounce four peel gin....)
- ☐ 0.8 ounce infused honey
- ☐ 0.8 ounce juice of lemon freshly squeezed

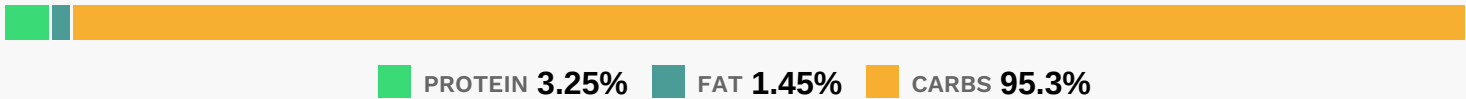
Equipment

- ☐ skewers

Directions

- ☐ Combine all ingredients except allspice dram and bitters into a cocktail shaker WITHOUT ICE. "Dry shake" to emulsify... 8-10 seconds.
- ☐ Add 3-4 medium sized cubes and shake vigorously until frothy. Double strain into a chilled coupe glass coated and then dumped with allspice dram and strategically place 4 drops angostura bitters and then use a skewer to connect the bitters dots.

Nutrition Facts



Properties

Glycemic Index:82.27, Glycemic Load:9.21, Inflammation Score:-2, Nutrition Score:1.310434770001%

Flavonoids

Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 224.52kcal (11.23%), Fat: 0.15g (0.23%), Saturated Fat: 0.03g (0.21%), Carbohydrates: 21.58g (7.19%), Net Carbohydrates: 21.26g (7.73%), Sugar: 18.55g (20.61%), Cholesterol: 0mg (0%), Sodium: 10.58mg (0.46%), Alcohol: 20.74g (100%), Alcohol %: 24.08% (100%), Protein: 0.74g (1.47%), Vitamin C: 8.73mg (10.58%), Manganese: 0.06mg (2.99%), Vitamin B2: 0.04mg (2.11%), Selenium: 1.2µg (1.72%), Potassium: 52.56mg (1.5%), Copper: 0.03mg (1.48%), Folate: 5.23µg (1.31%), Fiber: 0.32g (1.29%), Iron: 0.2mg (1.13%)