

GLUTEN FREE

Root Beer Frosting

6 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
15 min	10 min	5 min	10	\$0.27	267 kcal

The recipe Root Beer Frosting could satisfy your American craving in around 15 minutes. Watching your figure? This gluten free, dairy free, and fodmap friendly recipe has 267 calories, 0g of protein, and 9g of fat per serving. For 27 cents per serving, you get a frosting that serves 10.

Ingredients

- ☐ ½ cup butter or margarine
- ☐ 7 tablespoons root beer (not diet)
- ☐ 1 teaspoon vanilla extract
- ☐ 16 ounce package powdered sugar
- ☐ 3 tablespoons unsweetened cocoa

EQUIPMENT Sauce pan, Whisk

Method

- 1 Bring first 3 ingredients to a boil in a large saucepan over medium heat, stirring until butter melts.
- 2 Remove from heat; whisk in powdered sugar and vanilla until smooth.

Nutrition per serving

267	0 g	9 g	47 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			2 g · 13% of daily needs
Fibre			0.6 g · 2% of daily needs
Sugar			45.5 g · 51% of daily needs
Sodium			110 mg · 5% of daily needs
Cholesterol			0 mg · 0% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/root-beer-frosting-148360