



Rosa Amargo Cocktail from Mayahuel, NYC



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



3 min.

SERVINGS



1

CALORIES



124 kcal

BEVERAGE

DRINK

Ingredients

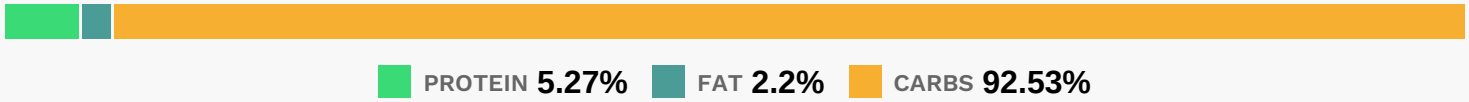
- ☐ 0.3 ounce campari
- ☐ 1 serving grapefruit
- ☐ 0.5 ounce rose hips
- ☐ 0.5 ounce mirin

Equipment

Directions

- ☐
- Fill a mixing glass with ice.
- ☐
- Add mezcal, grapefruit liqueur, Dolin Blanc, and Campari. Stir until well chilled, about 20 seconds. Strain into chilled cocktail glass.
- ☐
- Express grapefruit oils on top of the glass by twisting peel skin face-down over the drink and rubbing the peel along the glass's rim. Discard twist and serve.

Nutrition Facts



Properties

Glycemic Index:25, Glycemic Load:3.5, Inflammation Score:-9, Nutrition Score:10.680000104334%

Flavonoids

Hesperetin: 0.54mg, Hesperetin: 0.54mg, Hesperetin: 0.54mg, Hesperetin: 0.54mg Naringenin: 50.27mg, Naringenin: 50.27mg, Naringenin: 50.27mg, Naringenin: 50.27mg Luteolin: 0.92mg, Luteolin: 0.92mg, Luteolin: 0.92mg, Luteolin: 0.92mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.51mg, Quercetin: 0.51mg, Quercetin: 0.51mg, Quercetin: 0.51mg

Nutrients (% of daily need)

Calories: 124.21kcal (6.21%), Fat: 0.26g (0.41%), Saturated Fat: 0.03g (0.2%), Carbohydrates: 24.98g (8.33%), Net Carbohydrates: 19.1g (6.94%), Sugar: 10.98g (12.2%), Cholesterol: 0mg (0%), Sodium: 0.57mg (0.02%), Alcohol: 3.49g (100%), Alcohol %: 2.31% (100%), Protein: 1.42g (2.85%), Vitamin C: 108.43mg (131.43%), Vitamin A: 2386.89IU (47.74%), Fiber: 5.88g (23.52%), Manganese: 0.18mg (8.92%), Potassium: 268.71mg (7.68%), Vitamin E: 1.03mg (6.85%), Magnesium: 23.64mg (5.91%), Calcium: 57.84mg (5.78%), Vitamin B5: 0.52mg (5.17%), Folate: 20.45µg (5.11%), Vitamin B6: 0.09mg (4.62%), Vitamin B1: 0.07mg (4.57%), Vitamin B2: 0.07mg (4.19%), Phosphorus: 36.37mg (3.64%), Vitamin K: 3.67µg (3.5%), Copper: 0.07mg (3.26%), Vitamin B3: 0.5mg (2.49%), Iron: 0.27mg (1.52%)