

## Rosé Spritzer



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



20

CALORIES



105 kcal

BEVERAGE

DRINK

## Ingredients

- ☐ 3 cups club soda
- ☐ 0.8 cup vermouth dry
- ☐ 20 servings try build-a-meal
- ☐ 2250 milliliter rosé wine

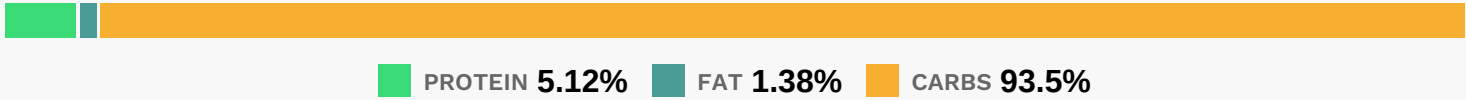
## Equipment

- ☐ bowl

# Directions

- ☐ Combine the wine, vermouth, and club soda in a large pitcher or punch bowl.
- ☐ Serve over ice.

# Nutrition Facts



# Properties

Glycemic Index:0.75, Glycemic Load:0.47, Inflammation Score:-4, Nutrition Score:1.5991304165319%

# Nutrients (% of daily need)

Calories: 105.16kcal (5.26%), Fat: 0.03g (0.04%), Saturated Fat: 0g (0.02%), Carbohydrates: 4.13g (1.38%), Net Carbohydrates: 3.9g (1.42%), Sugar: 0.91g (1.01%), Cholesterol: 0mg (0%), Sodium: 13.17mg (0.57%), Alcohol: 12.72g (100%), Alcohol %: 10.1% (100%), Protein: 0.23g (0.45%), Manganese: 0.21mg (10.44%), Magnesium: 15.39mg (3.85%), Potassium: 120.99mg (3.46%), Vitamin B6: 0.07mg (3.28%), Phosphorus: 29.14mg (2.91%), Iron: 0.49mg (2.72%), Vitamin B2: 0.03mg (1.72%), Zinc: 0.24mg (1.6%), Vitamin B3: 0.24mg (1.22%), Calcium: 11.46mg (1.15%), Selenium: 0.74µg (1.05%)