



Rose Vinaigrette



Vegetarian



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



3

CALORIES



382 kcal

SIDE DISH

Ingredients

- ☐ 1 tablespoon honey
- ☐ 0.3 cup red wine vinegar
- ☐ 0.3 teaspoon salt
- ☐ 3 large shallots finely chopped
- ☐ 0.3 cup vegetable oil
- ☐ 3 tablespoons walnut oil

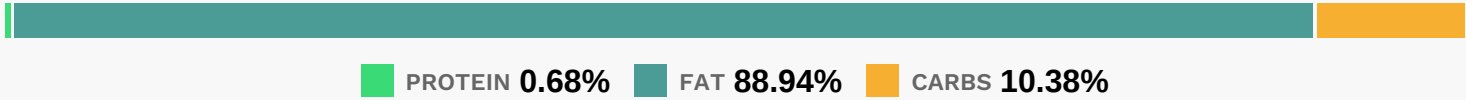
Equipment

- ☐ whisk

Directions

- ☐ Stir together first 4 ingredients and, if desired, rose water; whisk in oils.
- ☐ * 3 tablespoons vegetable oil may be substituted for walnut oil.

Nutrition Facts



Properties

Glycemic Index:27.42, Glycemic Load:4.03, Inflammation Score:-2, Nutrition Score:3.9273913290514%

Nutrients (% of daily need)

Calories: 382.21kcal (19.11%), Fat: 38.25g (58.84%), Saturated Fat: 4.97g (31.08%), Carbohydrates: 10.04g (3.35%), Net Carbohydrates: 9.23g (3.35%), Sugar: 7.71g (8.57%), Cholesterol: 0mg (0%), Sodium: 199.19mg (8.66%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.66g (1.31%), Vitamin K: 46.84µg (44.61%), Vitamin E: 2.05mg (13.65%), Manganese: 0.09mg (4.57%), Vitamin B6: 0.09mg (4.4%), Fiber: 0.81g (3.26%), Potassium: 97.54mg (2.79%), Vitamin C: 2.17mg (2.63%), Iron: 0.46mg (2.53%), Folate: 8.64µg (2.16%), Phosphorus: 17.4mg (1.74%), Magnesium: 6.46mg (1.61%), Copper: 0.03mg (1.37%), Calcium: 11.38mg (1.14%)