



## Rosemary-Green Peppercorn Mignonette



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



7 kcal

SIDE DISH

### Ingredients



1 tablespoon rosemary fresh chopped



1.5 tablespoons peppercorns green crushed



0.5 cup red wine vinegar



0.1 teaspoon salt



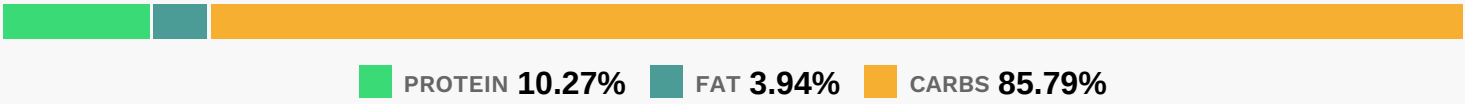
3 tablespoons shallots minced

### Equipment

## Directions

- ☐ Combine minced shallots, chopped fresh rosemary, crushed green peppercorns, red wine vinegar, and salt, and chill the shallot mixture for 30 minutes.
- ☐ Serve with oysters.

## Nutrition Facts



## Properties

Glycemic Index:3.75, Glycemic Load:0.15, Inflammation Score:-1, Nutrition Score:0.29086956511373%

## Flavonoids

Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg

## Nutrients (% of daily need)

Calories: 6.77kcal (0.34%), Fat: 0.02g (0.03%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 0.9g (0.3%), Net Carbohydrates: 0.75g (0.27%), Sugar: 0.3g (0.33%), Cholesterol: 0mg (0%), Sodium: 95.2mg (4.14%), Alcohol: 0g (0%), Alcohol %: 0% (100%), Protein: 0.11g (0.22%), Manganese: 0.02mg (1.02%)