

Rosemary Lemon Drop



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



6

CALORIES



227 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 2 teaspoons rosemary fresh chopped
- ☐ 6 servings ice cubes crushed
- ☐ 0.8 cup juice of lemon fresh (5 lemons)
- ☐ 1 cup sugar
- ☐ 1 cup vodka
- ☐ 0.8 cup water

Equipment

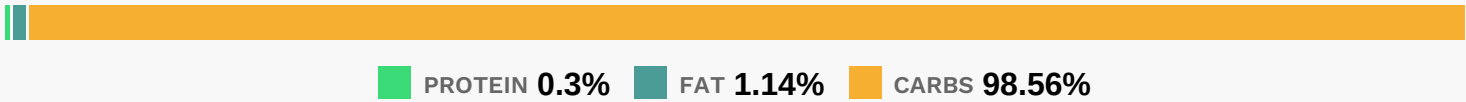
- ☐ bowl

- ☐ sauce pan
- ☐ sieve

Directions

- ☐ Bring first 3 ingredients to a boil in a small saucepan, stirring just until sugar dissolves. Cover and remove from heat; let stand for 20 minutes. Strain through a fine sieve over a bowl, reserving liquid; discard solids. Cover and chill.
- ☐ Combine chilled syrup, vodka, and juice.
- ☐ Pour over ice in a martini shaker; shake to combine. Strain into 6 martini glasses; garnish with rosemary, if desired.

Nutrition Facts



Properties

Glycemic Index:14.18, Glycemic Load:23.27, Inflammation Score:-2, Nutrition Score:1.0147825950838%

Flavonoids

Eriodictyol: 1.49mg, Eriodictyol: 1.49mg, Eriodictyol: 1.49mg, Eriodictyol: 1.49mg Hesperetin: 4.41mg, Hesperetin: 4.41mg, Hesperetin: 4.41mg, Hesperetin: 4.41mg Naringenin: 0.43mg, Naringenin: 0.43mg, Naringenin: 0.43mg, Naringenin: 0.43mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 227.49kcal (11.37%), Fat: 0.18g (0.28%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 35.31g (11.77%), Net Carbohydrates: 35.22g (12.81%), Sugar: 34.04g (37.82%), Cholesterol: 0mg (0%), Sodium: 2.58mg (0.11%), Alcohol: 13.36g (100%), Alcohol %: 12.6% (100%), Protein: 0.11g (0.22%), Vitamin C: 11.81mg (14.32%), Folate: 6.14µg (1.53%)