



## Rosemary Madeira Baked Brie

 Vegetarian  Gluten Free

READY IN



75 min.

SERVINGS



8

CALORIES



128 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 2 teaspoons olive oil
- 4.5 teaspoons rosemary leaves fresh chopped
- 0.3 cup madeira wine
- 8 oz round of président brie
- 0.3 cup apricot preserves
- 1 cup frangelico
- 2 tablespoons frangelico

### Equipment

- bowl
- baking sheet
- baking paper
- oven
- measuring cup

## Directions

- Heat oven to 350°F.
- Place cooking parchment paper on cookie sheet.
- Spread 1 teaspoon of the oil in center to a 5-inch circle. In medium bowl, mix Bisquick mix and rosemary. In 1-cup measuring cup, mix wine and half-and-half. Stir into Bisquick mixture; beat vigorously 20 strokes. On work surface generously sprinkled with Bisquick mix, gently roll dough to coat. Shape into ball; knead 10 times. Divide into 2 balls.
- Place 1 ball on parchment paper in center of oil; press and shape into 5-inch circle.
- Place cheese on center of dough.
- Roll second ball into 6-inch circle; place dough over cheese. Pinch together top and bottom of dough.
- Brush top and sides with remaining 1 teaspoon oil.
- Bake 25 to 30 minutes or until light golden brown. Cool 30 minutes.
- Serve with preserves.

## Nutrition Facts

**PROTEIN 19.2%** **FAT 64.36%** **CARBS 16.44%**

## Properties

Glycemic Index:5.25, Glycemic Load:0.06, Inflammation Score:-2, Nutrition Score:2.8213043546547%

## Flavonoids

Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg Epicatechin: 0.06mg, Epicatechin: 0.06mg, Epicatechin: 0.06mg, Epicatechin: 0.06mg Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.03mg, Quercetin:

0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

## Nutrients (% of daily need)

Calories: 127.64kcal (6.38%), Fat: 8.87g (13.65%), Saturated Fat: 5.07g (31.71%), Carbohydrates: 5.1g (1.7%), Net Carbohydrates: 5.07g (1.84%), Sugar: 3.41g (3.79%), Cholesterol: 28.35mg (9.45%), Sodium: 181.69mg (7.9%), Alcohol: 0.77g (100%), Alcohol %: 2.21% (100%), Protein: 5.96g (11.91%), Vitamin B2: 0.15mg (8.84%), Vitamin B12: 0.47µg (7.8%), Selenium: 4.27µg (6.09%), Phosphorus: 54.91mg (5.49%), Calcium: 54.51mg (5.45%), Folate: 18.64µg (4.66%), Zinc: 0.69mg (4.59%), Vitamin A: 184.63IU (3.69%), Vitamin B6: 0.07mg (3.6%), Vitamin B5: 0.2mg (2.01%), Magnesium: 6.77mg (1.69%), Potassium: 54.49mg (1.56%), Vitamin E: 0.22mg (1.48%), Vitamin B1: 0.02mg (1.35%), Vitamin K: 1.28µg (1.22%), Iron: 0.21mg (1.15%), Manganese: 0.02mg (1.1%)