



## Rosemary Martinis



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



8

CALORIES



240 kcal

BEVERAGE

DRINK

## Ingredients

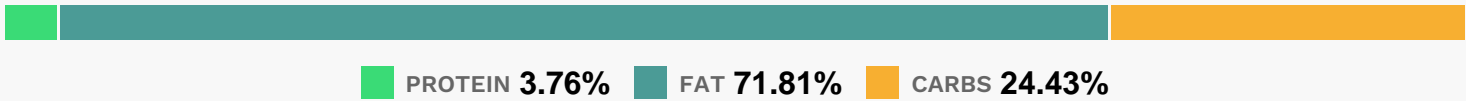
- ☐ 0.3 cup mirin dry
- ☐ 1 tablespoon rosemary leaves fresh chopped
- ☐ 6 inch rosemary leaves fresh
- ☐ 750 ml hendrick's gin
- ☐ 16 pimiento stuffed olives in brine

## Equipment

# Directions

- ☐ At least 1 day before serving, combine the olives and chopped rosemary in a small dish and pour over some of the brine from the olive jar to cover. Cover and refrigerate.
- ☐ About 1 hour before serving, rub the sprig of rosemary between the palms of your hands for 10 to 15 seconds and put it in a cocktail pitcher.
- ☐ Pour the gin and vermouth over, stir to mix, and refrigerate.
- ☐ Just before serving, add a generous handful of ice cubes to the pitcher and stir gently for a minute to give it an extra dose of chill.
- ☐ Pour the martini into stemless martini glasses, leaving the ice behind in the pitcher. Very briefly rinse the olives to remove any clinging rosemary and spear 2 each onto cocktail picks or small rosemary sprigs (with lower leaves removed), adding a pick to each glass.
- ☐ Double or triple all the ingredients, refrigerating extra to refill the pitcher as needed. Marinate the olives up to 1 week ahead (be sure they're covered in brine) and refrigerate. Prepare the gin and vermouth with rosemary and refrigerate up to 2 hours ahead.
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# Nutrition Facts



# Properties

Glycemic Index:1.88, Glycemic Load:0, Inflammation Score:-5, Nutrition Score:0.77521738507178%

# Flavonoids

Naringenin: 0.54mg, Naringenin: 0.54mg, Naringenin: 0.54mg, Naringenin: 0.54mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.09mg, Luteolin: 0.09mg, Luteolin: 0.09mg, Luteolin: 0.09mg

# Nutrients (% of daily need)

Calories: 240.11kcal (12.01%), Fat: 1.35g (2.08%), Saturated Fat: 0.22g (1.4%), Carbohydrates: 1.03g (0.34%), Net Carbohydrates: 0.47g (0.17%), Sugar: 0.04g (0.05%), Cholesterol: 0mg (0%), Sodium: 126.31mg (5.49%), Alcohol:

32.48g (100%), Alcohol %: 36.5% (100%), Protein: 0.16g (0.32%), Fiber: 0.57g (2.27%), Vitamin E: 0.3mg (2.03%), Manganese: 0.04mg (1.89%), Vitamin A: 94.45IU (1.89%), Copper: 0.04mg (1.8%), Iron: 0.22mg (1.23%), Calcium: 10.99mg (1.1%)