



Rosemary-Satsuma Julep



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



6

SIDE DISH

Ingredients



2 cups club soda



1 tablespoon rosemary leaves fresh



2 cups ice cubes



1 cup satsuma-cello



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Equipment

Directions

- ☐ Muddle fresh rosemary leaves with Satsuma-Cello.
- ☐ Let stand 5 minutes. Strain into a pitcher. Stir in ice and club soda.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.17130435007098%

Flavonoids

Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 0.44kcal (0.02%), Fat: 0.02g (0.03%), Saturated Fat: 0.01g (0.06%), Carbohydrates: 0.07g (0.02%), Net Carbohydrates: 0.02g (0.01%), Sugar: 0g (0%), Cholesterol: 0mg (0%), Sodium: 20.59mg (0.9%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.01g (0.02%)