

Royal Raspberry Tea Cakes

Vegetarian







DESSERT

Ingredients

	1 cup butter	softened
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- 2 cups flour all-purpose
- 0.5 cup powdered sugar
- 0.8 cup raspberry preserves seedless
- 0.3 teaspoon salt
- 2 teaspoons vanilla extract

Equipment

bowl

	baking sheet	
	oven	
	hand mixer	
	wooden spoon	
Directions		
	Beat butter and sugar at low speed with an electric mixer until creamy.	
	Add vanilla extract, beating until blended.	
	Combine flour and salt in a small bowl; gradually add to butter mixture, beating just until blended after each addition.	
	Shape dough into 1-inch balls; place 2 inches apart on lightly greased baking sheets. Press thumb or end of a wooden spoon into each ball, forming an indentation; fill evenly with raspberry preserves.	
	Bake at 325 for 15 to 20 minutes or just until edges begin to brown.	
	Remove to wire racks to cool.	
Nutrition Facts		
PROTEIN 3.28% FAT 47.94% CARBS 48.78%		

Properties

Glycemic Index:6, Glycemic Load:7.77, Inflammation Score:-2, Nutrition Score:1.6073913010566%

Nutrients (% of daily need)

Calories: 116.76kcal (5.84%), Fat: 6.22g (9.58%), Saturated Fat: 3.9g (24.39%), Carbohydrates: 14.25g (4.75%), Net Carbohydrates: 13.93g (5.07%), Sugar: 6.14g (6.82%), Cholesterol: 16.27mg (5.42%), Sodium: 70.98mg (3.09%), Alcohol: 0.09g (100%), Alcohol %: 0.44% (100%), Protein: 0.96g (1.91%), Vitamin B1: 0.07mg (4.48%), Selenium: 3.08µg (4.4%), Folate: 16.41µg (4.1%), Vitamin A: 189.09IU (3.78%), Manganese: 0.06mg (3.05%), Vitamin B2: 0.05mg (2.99%), Vitamin B3: 0.5mg (2.5%), Iron: 0.43mg (2.4%), Fiber: 0.32g (1.27%), Vitamin E: 0.19mg (1.27%), Phosphorus: 12.45mg (1.24%), Copper: 0.02mg (1.04%)