



Ruby Red Grapefruit Martini



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



1

CALORIES



233 kcal

BEVERAGE

DRINK

Ingredients

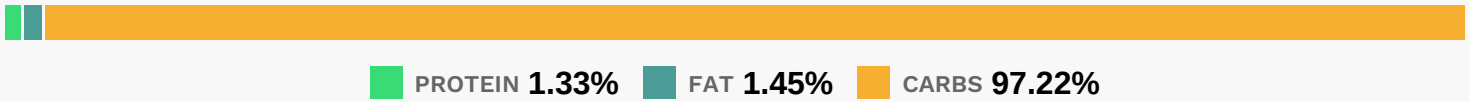
- ☐ 2 fluid ounces ruby grapefruit juice red
- ☐ 1 cup ice cubes or as needed
- ☐ 1 fluid ounce triple sec
- ☐ 1 fluid ounce vodka
- ☐ 1 tablespoon sugar white

Equipment

Directions

- ☐ Pour sugar onto a small plate. Wet the rim of a martini glass with cold water; dip rim in the sugar to coat.
- ☐ Fill cocktail shaker with ice; pour in grapefruit juice, vodka, and triple sec. Cover shaker with lid and shake. Strain and pour mixture into prepared martini glass.

Nutrition Facts



Properties

Glycemic Index:133.09, Glycemic Load:11.5, Inflammation Score:-3, Nutrition Score:1.5213043838739%

Nutrients (% of daily need)

Calories: 232.79kcal (11.64%), Fat: 0.19g (0.29%), Saturated Fat: 0.03g (0.2%), Carbohydrates: 28.04g (9.35%), Net Carbohydrates: 27.98g (10.17%), Sugar: 28g (31.11%), Cholesterol: 0mg (0%), Sodium: 15.79mg (0.69%), Alcohol: 17.56g (100%), Alcohol %: 6.07% (100%), Caffeine: 7.69mg (2.56%), Protein: 0.38g (0.77%), Vitamin C: 15.91mg (19.28%), Potassium: 105.21mg (3.01%), Copper: 0.05mg (2.67%), Magnesium: 9.17mg (2.29%), Iron: 0.26mg (1.46%), Calcium: 12.24mg (1.22%), Vitamin B3: 0.22mg (1.1%)