



Rum-Almond Cheesecake Dip

 Vegetarian

READY IN



5 min.

SERVINGS



5

CALORIES



384 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 teaspoon almond extract
- ☐ 24.2 oz ready-to-eat cheesecake filling
- ☐ 3 tsp spiced rum

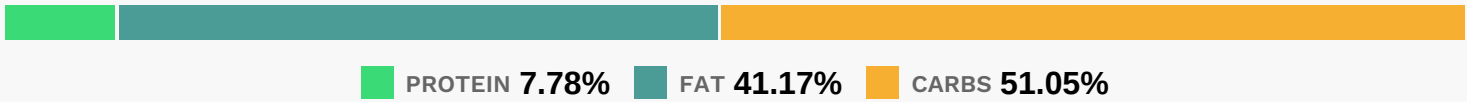
Equipment

Directions

- ☐ Stir together all ingredients. Cover and chill until ready to serve.

Note: For testing purposes only, we used Philadelphia Ready-To-Eat Cheesecake Filling.

Nutrition Facts



Properties

Glycemic Index:3, Glycemic Load:0, Inflammation Score:1, Nutrition Score:1.99999999697928%

Nutrients (% of daily need)

Calories: 384.04kcal (19.2%), Fat: 17.43g (26.81%), Saturated Fat: 9.15g (57.2%), Carbohydrates: 48.62g (16.21%), Net Carbohydrates: 46.02g (16.73%), Sugar: 0.05g (0.06%), Cholesterol: 39.79mg (13.26%), Sodium: 521.47mg (22.67%), Alcohol: 1.14g (100%), Alcohol %: 1.03% (100%), Protein: 7.41g (14.82%), Iron: 4.12mg (22.88%), Fiber: 2.61g (10.43%), Potassium: 290.17mg (8.29%), Calcium: 23.37mg (2.34%), Vitamin C: 1.37mg (1.66%)