



Rum and Cola Birthday Cake

READY IN



120 min.

SERVINGS



12

CALORIES



478 kcal

DESSERT

Ingredients

- ☐ 1 box chocolate cake mix dark
- ☐ 0.5 cup vegetable oil
- ☐ 3 eggs
- ☐ 1.3 cups coca-cola
- ☐ 1 cup butter softened
- ☐ 3.5 cups powdered sugar
- ☐ 0.3 cup rum dark
- ☐ 2 tablespoons rum extract

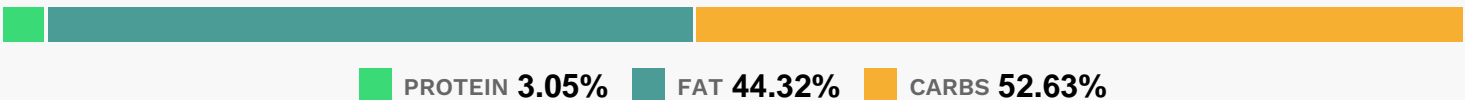
Equipment

- ☐ bowl
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pans). Grease bottoms and sides of 2 (9-inch) round cake pans with shortening; lightly flour.
- ☐ Make cake mix as directed on box, using oil and eggs and substituting carbonated beverage for the water.
- ☐ Bake and cool as directed.
- ☐ In large bowl, beat butter with electric mixer on low speed 1 to 2 minutes or until creamy. Gradually add powdered sugar, 1 cup at a time, beating after each addition.
- ☐ Add rum and rum extract. Continue beating until frosting is smooth and spreadable.
- ☐ Place 1 cake layer, rounded side down, on serving plate.
- ☐ Spread with a layer of frosting. Top with second cake layer, rounded side down. Frost side and top of cake with remaining frosting. Decorate as desired.

Nutrition Facts



Properties

Glycemic Index:10.67, Glycemic Load:1.49, Inflammation Score:-4, Nutrition Score:5.288260921188%

Nutrients (% of daily need)

Calories: 478.3kcal (23.91%), Fat: 23.83g (36.65%), Saturated Fat: 11.52g (72%), Carbohydrates: 63.65g (21.22%), Net Carbohydrates: 62.79g (22.83%), Sugar: 50.28g (55.86%), Cholesterol: 81.59mg (27.2%), Sodium: 435.99mg (18.96%), Alcohol: 1.67g (100%), Alcohol %: 1.49% (100%), Caffeine: 5.93mg (1.98%), Protein: 3.69g (7.38%), Phosphorus: 126.18mg (12.62%), Selenium: 8.26µg (11.81%), Vitamin A: 533.21IU (10.66%), Iron: 1.87mg (10.37%), Copper: 0.16mg (7.78%), Vitamin E: 1.1mg (7.35%), Vitamin B2: 0.12mg (7.13%), Folate: 28.06µg (7.01%), Calcium: 65.54mg (6.55%), Vitamin K: 6.07µg (5.78%), Magnesium: 18.62mg (4.65%), Vitamin B1: 0.07mg (4.46%), Manganese: 0.09mg (4.31%), Potassium: 139.81mg (3.99%), Fiber: 0.86g (3.46%), Zinc: 0.46mg (3.05%), Vitamin B3:

0.59mg (2.96%), Vitamin B5: 0.24mg (2.38%), Vitamin B12: 0.13µg (2.17%), Vitamin B6: 0.03mg (1.67%), Vitamin D:
0.22µg (1.47%)