

Sailboat Cake

airy Free







DESSERT

Ingredients

1 box cake mix yellow
16 oz vanilla frosting
1 serving purple gel food coloring yellow
2 twist and ends together to make a rough knob. cover (from 14-oz package)
1 snack peppers (from 5-oz box)
1 serving m&m candies hard assorted ring-shaped for decorating
1 serving frangelico with wrapping paper and plastic food wrap or foil (20xes)

Equipment

	frying pan	
	oven	
	wire rack	
	aluminum foil	
	kitchen scissors	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pans). Grease bottom and sides of 13x9-inch pan or spray with baking spray with flour. Make and bake cake mix as directed on box for 13x9-inch pan. Cool 10 minutes; remove from pan to cooling rack. Cool completely, about 1 hour. Refrigerate or freeze cake about 1 hour or until firm.	
	Cut cake as shown in diagram. (See link below for diagram.) Arrange pieces to form sailboat on tray. Tint 11/3 cups frosting with yellow or brown food color for hull.	
	Spread a thin layer of white frosting over top and sides of sails, and a thin layer of tinted frosting over top and sides of hull, to seal in crumbs. Refrigerate or freeze cake 30 to 60 minutes to set frosting.	
	Frost entire cake with remaining frosting.	
	Cut licorice pieces to desired length for the mast; place near the edge of the longest sail. To create the top flag, spread a thin layer of frosting on a small piece of aluminum foil. Unroll and remove wrapper from fruit snack roll; press onto frosting-coated foil. Using kitchen scissors, cut into flag shape. Secure flag to mast with a small amount of frosting. Use candy for portholes, or decorate as desired. Store loosely covered.	
Nutrition Facts		
PROTEIN 2.07% FAT 21.13% CARBS 76.8%		
Properties Glycemic Index:5.36, Glycemic Load:9.48, Inflammation Score:-1, Nutrition Score:3.6639130037764%		
Flavonoids		

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 277.73kcal (13.89%), Fat: 6.53g (10.05%), Saturated Fat: 1.72g (10.73%), Carbohydrates: 53.41g (17.8%), Net Carbohydrates: 52.89g (19.23%), Sugar: 37.24g (41.38%), Cholesterol: 0.16mg (0.05%), Sodium: 329.33mg (14.32%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.44g (2.88%), Phosphorus: 120.83mg (12.08%), Vitamin B2: 0.18mg (10.87%), Calcium: 80.27mg (8.03%), Folate: 28.62µg (7.16%), Vitamin B1: 0.09mg (5.97%), Vitamin E: 0.87mg (5.78%), Vitamin K: 5.38µg (5.12%), Vitamin B3: 0.95mg (4.73%), Iron: 0.84mg (4.68%), Manganese: 0.07mg (3.64%), Vitamin C: 2.57mg (3.11%), Fiber: 0.51g (2.06%), Vitamin B6: 0.03mg (1.71%), Selenium: 1.14µg (1.63%), Vitamin B5: 0.16mg (1.59%), Copper: 0.03mg (1.35%), Vitamin A: 65.02IU (1.3%), Magnesium: 4.26mg (1.06%)