

Sake Cosmo



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



1 min.

SERVINGS



2

CALORIES



220 kcal

BEVERAGE

DRINK

Ingredients

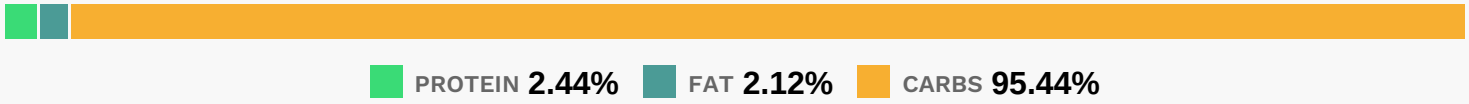
- ☐ 0.3 cup 1/4 cup dried cranberry (juice sweetened if possible)
- ☐ 2 cups ice cubes
- ☐ 2 lime wedges for garnish
- ☐ 0.3 cup orange liqueur recommended: Cointreau
- ☐ 0.3 cup sake
- ☐ 0.3 cup vodka

Equipment

Directions

- ☐ Combine in shaker, ice, vodka, orange liqueur, sake, and cranberry juice. Shake vigorously.
- ☐ Pour into 2 chilled martini glasses.
- ☐ Garnish with lime wedges and serve.

Nutrition Facts



Properties

Glycemic Index:51.5, Glycemic Load:2.59, Inflammation Score:-3, Nutrition Score:1.5282608646414%

Flavonoids

Hesperetin: 7.74mg, Hesperetin: 7.74mg, Hesperetin: 7.74mg, Hesperetin: 7.74mg Naringenin: 0.61mg, Naringenin: 0.61mg, Naringenin: 0.61mg, Naringenin: 0.61mg Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 220.31kcal (11.02%), Fat: 0.17g (0.25%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 16.75g (5.58%), Net Carbohydrates: 16.21g (5.9%), Sugar: 13.63g (15.14%), Cholesterol: 0mg (0%), Sodium: 16.08mg (0.7%), Alcohol: 22.52g (100%), Alcohol %: 7.6% (100%), Caffeine: 7.67mg (2.56%), Protein: 0.43g (0.86%), Vitamin C: 8.18mg (9.91%), Copper: 0.08mg (4.22%), Vitamin E: 0.42mg (2.79%), Fiber: 0.54g (2.14%), Magnesium: 8.03mg (2.01%), Calcium: 17.36mg (1.74%), Potassium: 59.36mg (1.7%), Vitamin K: 1.72µg (1.64%), Iron: 0.24mg (1.32%), Phosphorus: 12.42mg (1.24%), Vitamin B6: 0.02mg (1.21%)