



Sake Plum Cocktail

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



10 min.

SERVINGS



2

CALORIES



145 kcal

BEVERAGE

DRINK

Ingredients

- 1 slice crystallized ginger thin
- 1 slice ginger fresh thin (the size of a quarter)
- 2 servings tiny wedge of lime
- 0.3 cup plum wine
- 0.3 cup sake
- 0.3 cup vodka

Equipment

Directions

- Pour 1/4 cup each sake, plum wine, and vodka into a 3-cup cocktail shaker filled with ice.
- Add 1 thin slice (the size of a quarter) fresh ginger. Shake until drink is well chilled, about 20 seconds. Strain into martini glasses.
- Garnish each glass rim with a thin slice of crystallized ginger and a tiny wedge of lime.

Nutrition Facts

 **PROTEIN 3.79%**  **FAT 0.41%**  **CARBS 95.8%**

Properties

Glycemic Index:38.5, Glycemic Load:0.17, Inflammation Score:-3, Nutrition Score:0.49521739562245%

Flavonoids

Hesperetin: 0.43mg, Hesperetin: 0.43mg, Hesperetin: 0.43mg, Hesperetin: 0.43mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg

Nutrients (% of daily need)

Calories: 145.14kcal (7.26%), Fat: 0.01g (0.01%), Saturated Fat: 0g (0.01%), Carbohydrates: 4.96g (1.65%), Net Carbohydrates: 4.91g (1.79%), Sugar: 2.54g (2.83%), Cholesterol: 0mg (0%), Sodium: 3mg (0.13%), Alcohol: 17.97g (100%), Alcohol %: 23.97% (100%), Protein: 0.2g (0.39%), Manganese: 0.04mg (1.98%), Magnesium: 5.59mg (1.4%), Potassium: 42.67mg (1.22%)