



Salsa-Meatball Appetizers

READY IN



15 min.

SERVINGS



15

CALORIES



92 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 4 oz colby & monterey jack cheese cut into 12 slices kraft
- 0.3 cup a.1. & sauce thick hearty
- 6 oz meatballs frozen fully cooked
- 12 pimento-stuffed olives green sliced
- 24 ritz crackers
- 0.3 cup taco bellâ® & chunky salsa thick

Equipment

- bowl

baking sheet

oven

Directions

Heat oven to 350F.

Cook meatballs as directed on package; cut in half.

Place in large bowl.

Add steak sauce and salsa; toss to coat.

Cut cheese slices in half.

Place crackers in single layer on baking sheet; top with cheese and meatballs.

Bake 4 to 5 min. or until cheese is melted. Top with olives.

Nutrition Facts

PROTEIN 18.4% **FAT 61.53%** **CARBS 20.07%**

Properties

Glycemic Index:1.8, Glycemic Load:0.01, Inflammation Score:-1, Nutrition Score:2.7382608762254%

Flavonoids

Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg

Nutrients (% of daily need)

Calories: 92.35kcal (4.62%), Fat: 6.31g (9.71%), Saturated Fat: 2.66g (16.65%), Carbohydrates: 4.63g (1.54%), Net Carbohydrates: 4.34g (1.58%), Sugar: 1.52g (1.69%), Cholesterol: 14.89mg (4.96%), Sodium: 219.71mg (9.55%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.24g (8.49%), Vitamin B1: 0.11mg (7.17%), Calcium: 68.25mg (6.83%), Phosphorus: 68.03mg (6.8%), Selenium: 4.17µg (5.96%), Vitamin B2: 0.07mg (4.14%), Vitamin B3: 0.79mg (3.95%), Zinc: 0.52mg (3.44%), Vitamin B6: 0.06mg (3.05%), Vitamin K: 2.82µg (2.68%), Vitamin E: 0.36mg (2.41%), Vitamin B12: 0.14µg (2.37%), Iron: 0.4mg (2.24%), Vitamin A: 92.31IU (1.85%), Manganese: 0.03mg (1.64%), Potassium: 56.9mg (1.63%), Magnesium: 6.11mg (1.53%), Folate: 5.65µg (1.41%), Vitamin B5: 0.12mg (1.19%), Fiber: 0.29g (1.18%), Copper: 0.02mg (1.01%)