



Salted Peanut Toffee Cookies

READY IN



105 min.

SERVINGS



56

CALORIES



82 kcal

DESSERT

Ingredients

- 0.5 teaspoon baking soda
- 1 large eggs
- 3.5 ounces granulated sugar
- 3.5 ounces t brown sugar dark light packed
- 9 ounces natural butter extract unsalted well (but not)
- 1 teaspoon sea salt fine
- 5 ounces toffee candies store-bought coarsely chopped
- 6 ounces flour all-purpose
- 8 tablespoons butter unsalted melted (1 stick)

- 1 teaspoon vanilla extract pure

Equipment

- bowl
- oven
- whisk
- wooden spoon
- spatula
- chopsticks

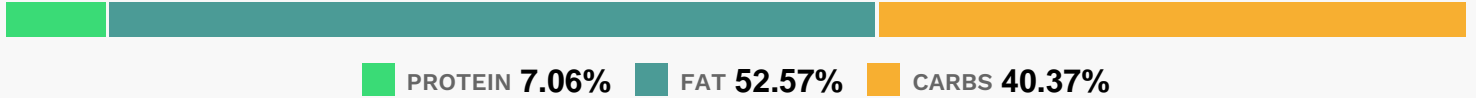
Directions

- Combine the flour, baking soda, and salt in a medium bowl and mix together thoroughly with a whisk or fork. In a large bowl, mix the melted butter with the sugars.
- Whisk in the egg, vanilla, and peanut butter, add the flour mixture, and mix with a rubber spatula or wooden spoon just until evenly incorporated. Cover the dough and refrigerate for an hour or two and up to 2 days. Preheat the oven to 325°F. Position racks in the upper and lower thirds of the oven.
- Pour the chopped nuts into a shallow bowl. Scoop about 2 level teaspoons of dough for each cookie, shape into a 1-inch ball or fat little log, and coat the top and sides heavily with the chopped nuts, pressing in any pieces that fall off so that there are no bald spots.
- Place 2 inches apart on the lined or greased pans.
- Bake the cookies for 15 to 18 minutes, until they are lightly colored on top (and underneath). Rotate the sheets from top to bottom and from front to back halfway through the baking time to ensure even baking. The cookies will seem very soft to the touch (and the one you turn over to assess color may even fall apart), but they will firm up as they cool. For lined pans, set the pans or just the liners on racks to cool; for unlined pans, use a metal spatula to transfer the cookies to racks. Cool the cookies completely before storing. May be kept in an airtight container for at least 2 weeks.
UPGRADE Salted Peanut Toffee Thumbprints with White Chocolate: Surprisingly, white chocolate tastes better than dark or milk chocolate in these cookies (and this from a huge fan of bittersweet chocolate!). And chopped pieces from a bar of “real” white chocolate taste better than white chocolate chips. Have ready 4 ounces white chocolate cut into little pieces or 2/3 cup (4 ounces) white chocolate chips.

Bake the cookies in the shape of balls as described. As soon as the pans come out of the oven, press the back of a chopstick or dowel into the center of each hot cookie and move it around gently to widen the hole. Tuck pieces of chocolate (or chips) into each depression while the cookies are still hot. Salted Peanut Toffee Thumbprints with Jam: Have ready about 1/2 cup (5.5 ounces) strawberry or other jam or preserves.

Add 1/2 to 1 teaspoon Thai curry paste or other hot sauce to the dough with the peanut butter.

Nutrition Facts



Properties

Glycemic Index:3.5, Glycemic Load:3.75, Inflammation Score:-1, Nutrition Score:1.5526086860539%

Nutrients (% of daily need)

Calories: 81.85kcal (4.09%), Fat: 4.91g (7.56%), Saturated Fat: 2.05g (12.81%), Carbohydrates: 8.49g (2.83%), Net Carbohydrates: 8.18g (2.98%), Sugar: 5.59g (6.22%), Cholesterol: 10.25mg (3.42%), Sodium: 57.56mg (2.5%), Alcohol: 0.02g (100%), Alcohol %: 0.19% (100%), Protein: 1.48g (2.97%), Manganese: 0.09mg (4.47%), Vitamin B3: 0.78mg (3.9%), Vitamin E: 0.5mg (3.31%), Folate: 10.07µg (2.52%), Selenium: 1.56µg (2.23%), Magnesium: 8.74mg (2.19%), Phosphorus: 21.68mg (2.17%), Vitamin B1: 0.03mg (2.09%), Vitamin B2: 0.03mg (1.8%), Vitamin A: 83.96IU (1.68%), Iron: 0.25mg (1.39%), Copper: 0.03mg (1.28%), Fiber: 0.31g (1.24%), Vitamin B6: 0.02mg (1.2%), Zinc: 0.15mg (1.02%)