

Salty Chihuahua

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



12

CALORIES



142 kcal

Ingredients

- 1 cubes ice cubes
- 1.5 teaspoons kosher salt
- 8 cups grapefruit juice fresh red (12 grapefruits)
- 1.5 cups tequila
- 0.8 cup frangelico orange-flavored (liqueur)

Equipment

Directions

Combine juice, tequila, and liqueur; stir well. Coat rim of each of 12 glasses with 1/8 teaspoon salt. Fill each glass with ice; pour 1 cup juice mixture into each glass.

Garnish each glass with a lime slice, if desired.

Nutrition Facts

PROTEIN 5.03% **FAT 1.89%** **CARBS 93.08%**

Properties

Glycemic Index:5.25, Glycemic Load:8.31, Inflammation Score:0, Nutrition Score:3.3399999819534%

Nutrients (% of daily need)

Calories: 141.67kcal (7.08%), Fat: 0.16g (0.24%), Saturated Fat: 0g (0%), Carbohydrates: 17.46g (5.82%), Net Carbohydrates: 17.31g (6.29%), Sugar: 17.31g (19.23%), Cholesterol: 0mg (0%), Sodium: 294.19mg (12.79%), Alcohol: 10.02g (100%), Alcohol %: 6.71% (100%), Protein: 0.94g (1.89%), Vitamin C: 42.32mg (51.3%), Potassium: 255.54mg (7.3%), Magnesium: 15.75mg (3.94%), Iron: 0.64mg (3.58%), Vitamin B3: 0.48mg (2.38%), Phosphorus: 18.51mg (1.85%), Vitamin B5: 0.16mg (1.57%), Calcium: 12.8mg (1.28%), Zinc: 0.17mg (1.13%)