



Salty Dog



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



1941 kcal

BEVERAGE

DRINK

Ingredients

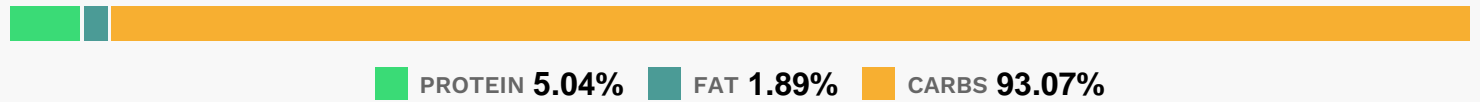
- 4 ounces grapefruit juice freshly squeezed
- 1 serving ice cubes
- 1 serving sea salt for rim
- 2 ounces vodka
- 750 mL vodka
- 1 large grapefruit white organic

Equipment

Directions

- To make the grapefruit-infused vodka, cut the grapefruit into 8 pieces. Put in a large resealable nonreactive container.
- Add vodka.
- Let sit for 1 week, stirring once a day. Taste and remove fruit when you've reached the desired grapefruit level.
- For the cocktail: rim a highball glass with Maldon sea salt, then fill the glass with ice.
- Add infused vodka and grapefruit juice. Stir gently and serve.

Nutrition Facts



Properties

Glycemic Index:103, Glycemic Load:6.01, Inflammation Score:-9, Nutrition Score:3.0986955846133%

Flavonoids

Naringenin: 0.33mg, Naringenin: 0.33mg, Naringenin: 0.33mg, Naringenin: 0.33mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 1941.04kcal (97.05%), Fat: 0.11g (0.18%), Saturated Fat: 0g (0%), Carbohydrates: 12.69g (4.23%), Net Carbohydrates: 12.56g (4.57%), Sugar: 12.54g (13.94%), Cholesterol: 0mg (0%), Sodium: 207.03mg (9%), Alcohol: 273.05g (100%), Alcohol %: 35.01% (100%), Protein: 0.69g (1.38%), Vitamin C: 30.82mg (37.35%), Potassium: 193.27mg (5.52%), Phosphorus: 53.53mg (5.35%), Copper: 0.09mg (4.56%), Vitamin B2: 0.06mg (3.38%), Magnesium: 11.99mg (3%), Iron: 0.54mg (2.99%), Vitamin B1: 0.04mg (2.75%), Vitamin B3: 0.34mg (1.71%), Vitamin B5: 0.12mg (1.16%), Calcium: 11.09mg (1.11%)