



Santa Ana Cookies

READY IN



20 min.

SERVINGS



42

CALORIES



112 kcal

DESSERT

Ingredients

- 0.5 tsp baking soda
- 0.5 cup butter softened
- 1 eggs
- 1.3 cups flour
- 1 cup planters pecans chopped
- 12 oz baker's semi-sweet chocolate chopped
- 0.3 cup strong maxwell house coffee cooled brewed
- 0.8 cup sugar

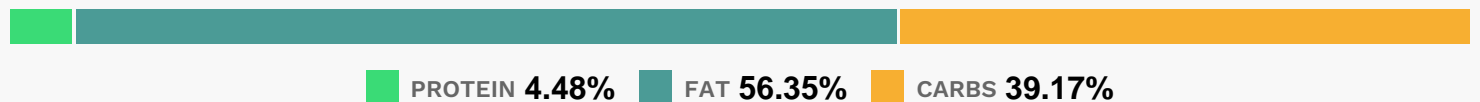
Equipment

- bowl
- baking sheet
- oven
- blender

Directions

- Heat oven to 375F.
- Beat butter and sugar in large bowl with mixer until light and fluffy.
- Add coffee; mix well. Blend in egg. Gradually add flour, beating until well blended after each addition.
- Add baking soda; mix well. Stir in nuts and chocolate.
- Drop rounded tablespoonfuls of dough, 1 inch apart, onto baking sheets.
- Bake 8 to 10 min. or until lightly browned. Cool on baking sheets 5 min.
- Remove to wire racks; cool completely.

Nutrition Facts



Properties

Glycemic Index:4.88, Glycemic Load:4.7, Inflammation Score:-1, Nutrition Score:2.5386956676679%

Flavonoids

Cyanidin: 0.25mg, Cyanidin: 0.25mg, Cyanidin: 0.25mg, Cyanidin: 0.25mg Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg Catechin: 0.17mg, Catechin: 0.17mg, Catechin: 0.17mg, Catechin: 0.17mg Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg

Nutrients (% of daily need)

Calories: 112.27kcal (5.61%), Fat: 7.14g (10.99%), Saturated Fat: 3.36g (20.99%), Carbohydrates: 11.17g (3.72%), Net Carbohydrates: 10.19g (3.7%), Sugar: 6.65g (7.39%), Cholesterol: 10.19mg (3.4%), Sodium: 34.8mg (1.51%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 7.53mg (2.51%), Protein: 1.28g (2.56%), Manganese: 0.24mg (12.06%), Copper: 0.14mg (6.81%), Magnesium: 18.2mg (4.55%), Iron: 0.78mg (4.31%), Fiber: 0.98g (3.93%), Selenium: 2.49µg (3.55%), Phosphorus: 34.64mg (3.46%), Vitamin B1: 0.05mg (3.34%), Zinc: 0.37mg (2.44%), Folate: 8.38µg (2.1%), Vitamin B2: 0.03mg (2.01%), Potassium: 62.69mg (1.79%), Vitamin B3: 0.33mg (1.67%), Vitamin A: 78.56IU (1.57%), Vitamin E: 0.16mg (1.05%)