



Santa Fe Bacon Pizza

READY IN



18 min.

SERVINGS



2

CALORIES



883 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 0.5 cup chicken breast cooked chopped
- 1 green onion chopped
- 1 tsp olive oil
- 0.5 cup cheddar pepper jack cheese shredded mexican style kraft finely
- 1 ready-to-use baked pizza crust (6 inch)
- 2 slices oscar mayer center cut bacon cooked cut into 1/2-inch pieces, crisply
- 1 small tomatoes chopped

Equipment

oven

Directions

- Heat oven to 450F.
- Brush pizza crust with oil; top with remaining ingredients.
- Place directly on oven rack.
- Bake 5 to 8 min. or until cheese is melted.

Nutrition Facts

 **PROTEIN 18.61%**  **FAT 36.34%**  **CARBS 45.05%**

Properties

Glycemic Index:48.5, Glycemic Load:0.61, Inflammation Score:-5, Nutrition Score:14.032608706018%

Flavonoids

Naringenin: 0.31mg, Naringenin: 0.31mg, Naringenin: 0.31mg, Naringenin: 0.31mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 0.9mg, Quercetin: 0.9mg, Quercetin: 0.9mg, Quercetin: 0.9mg

Nutrients (% of daily need)

Calories: 883.23kcal (44.16%), Fat: 35.44g (54.52%), Saturated Fat: 15.36g (95.97%), Carbohydrates: 98.85g (32.95%), Net Carbohydrates: 95.16g (34.6%), Sugar: 4.47g (4.96%), Cholesterol: 78.65mg (26.22%), Sodium: 1486.99mg (64.65%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 40.83g (81.66%), Calcium: 406.67mg (40.67%), Iron: 6.32mg (35.14%), Vitamin B3: 6.58mg (32.88%), Selenium: 21.03µg (30.04%), Phosphorus: 270.21mg (27.02%), Vitamin B6: 0.37mg (18.41%), Vitamin K: 18.18µg (17.31%), Fiber: 3.69g (14.77%), Vitamin A: 676.75IU (13.53%), Zinc: 1.72mg (11.49%), Vitamin B2: 0.19mg (11.33%), Vitamin B1: 0.15mg (9.88%), Vitamin C: 7.36mg (8.92%), Vitamin B12: 0.53µg (8.89%), Potassium: 308.18mg (8.81%), Magnesium: 28.3mg (7.08%), Vitamin B5: 0.64mg (6.42%), Vitamin E: 0.93mg (6.17%), Folate: 17.15µg (4.29%), Manganese: 0.07mg (3.72%), Copper: 0.07mg (3.66%), Vitamin D: 0.35µg (2.32%)