



Santa's Candy Sleighs



Gluten Free



Dairy Free

READY IN



30 min.

SERVINGS



4

CALORIES



790 kcal

SIDE DISH

Ingredients

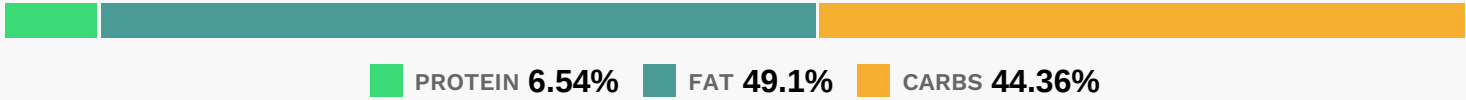
- ☐ 8 candy canes
- ☐ 4 servings celery stalks
- ☐ 4 ounce peanut butter
- ☐ 5.2 ounces chocolate-covered peanuts
- ☐ 8.3 ounces chocolate bar
- ☐ 6 ounces raisins

Equipment

Directions

- ☐ For each sleigh, pipe glue along sides of 2 candy canes (in wrappers); attach to either side of candy bar to make sleigh runners.
- ☐ Glue raisin package to top of candy bar.
- ☐ Glue tree and Santa to top of raisin package.

Nutrition Facts



Properties

Glycemic Index:31.95, Glycemic Load:23.34, Inflammation Score:-7, Nutrition Score:23.103478431702%

Flavonoids

Apigenin: 0.03mg, Apigenin: 0.03mg, Apigenin: 0.03mg, Apigenin: 0.03mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 789.92kcal (39.5%), Fat: 45.19g (69.52%), Saturated Fat: 21.11g (131.92%), Carbohydrates: 91.86g (30.62%), Net Carbohydrates: 80.06g (29.11%), Sugar: 39.99g (44.44%), Cholesterol: 2.87mg (0.96%), Sodium: 159.33mg (6.93%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 50.63mg (16.88%), Protein: 13.54g (27.08%), Manganese: 1.81mg (90.26%), Copper: 1.42mg (71.08%), Magnesium: 211.16mg (52.79%), Iron: 9.21mg (51.15%), Fiber: 11.81g (47.23%), Phosphorus: 361.69mg (36.17%), Potassium: 1122.34mg (32.07%), Vitamin B3: 5.01mg (25.07%), Zinc: 3.2mg (21.34%), Vitamin E: 3.04mg (20.26%), Vitamin B2: 0.24mg (13.95%), Vitamin B6: 0.26mg (12.81%), Calcium: 100.73mg (10.07%), Vitamin B1: 0.14mg (9.19%), Selenium: 6.37µg (9.1%), Folate: 28.96µg (7.24%), Vitamin B5: 0.66mg (6.65%), Vitamin K: 6.1µg (5.81%), Vitamin B12: 0.3µg (5.01%), Vitamin C: 2.4mg (2.91%), Vitamin A: 60.91IU (1.22%)