



## Sassy French Dressing

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



39 kcal

SIDE DISH

### Ingredients

- 1 tablespoon brown sugar
- 8 ounce tomato sauce canned
- 0.3 teaspoon mustard dry
- 0.1 teaspoon garlic powder
- 0.3 cup rice vinegar
- 0.5 teaspoon salt
- 0.5 cup vegetable oil

### Equipment

bowl

whisk

## Directions

Whisk together all ingredients in a bowl until blended. Chill mixture at least 30 minutes, and serve over mixed salad greens.

## Nutrition Facts



**PROTEIN 3.75%** **FAT 65.22%** **CARBS 31.03%**

## Properties

Glycemic Index:12.5, Glycemic Load:0.49, Inflammation Score:-1, Nutrition Score:1.4791304533896%

## Nutrients (% of daily need)

Calories: 38.98kcal (1.95%), Fat: 2.83g (4.36%), Saturated Fat: 0.43g (2.68%), Carbohydrates: 3.03g (1.01%), Net Carbohydrates: 2.6g (0.94%), Sugar: 2.47g (2.75%), Cholesterol: 0mg (0%), Sodium: 280.39mg (12.19%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.37g (0.73%), Vitamin K: 5.81µg (5.53%), Vitamin E: 0.63mg (4.23%), Potassium: 87.46mg (2.5%), Vitamin A: 122.77IU (2.46%), Vitamin C: 1.99mg (2.41%), Manganese: 0.04mg (1.98%), Fiber: 0.44g (1.75%), Copper: 0.03mg (1.74%), Iron: 0.3mg (1.65%), Vitamin B6: 0.03mg (1.47%), Vitamin B3: 0.29mg (1.43%), Magnesium: 4.76mg (1.19%), Vitamin B2: 0.02mg (1.1%)