

STARTER & SNACK

Sausage Balls

6 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
35 min	15 min	20 min	30	\$0.33	142 kcal



Sausage Balls takes around 35 minutes from beginning to end. This recipe serves 30 and costs 33 cents per serving. One portion of this dish contains approximately 7g of protein, 12g of fat, and a total of 176 calories. It works well as a hor d'oeuvre. This recipe from Allrecipes has 2069 fans.

Ingredients

- ☐ 2 cups biscuit baking mix
- ☐ 1 pound ground pork sausage
- ☐ 1 pound sharp Cheddar cheese, shredded

EQUIPMENT Bowl, Baking sheet, Oven

Method

- 1 Preheat oven to 350 degrees F (175 degrees C).

- 2 In a large bowl, combine sausage, biscuit baking mix and cheese. Form into walnut size balls and place on baking sheets.
- 3 Bake in preheated oven for 20 to 25 minutes, until golden brown and sausage is cooked through.

Nutrition per serving

142	6 g	10 g	5 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			4.6 g · 28% of daily needs
Sugar			1 g · 1% of daily needs
Sodium			297 mg · 13% of daily needs
Cholesterol			26.2 mg · 9% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/sausage-balls-148485