



## Sauvignon Blanc Glaze

 Vegetarian  Gluten Free

READY IN



5 min.

SERVINGS



5

CALORIES



147 kcal

SIDE DISH

### Ingredients

- ☐ 1 tablespoon milk
- ☐ 1.5 cups powdered sugar
- ☐ 2 tablespoons sauvignon blanc white wine

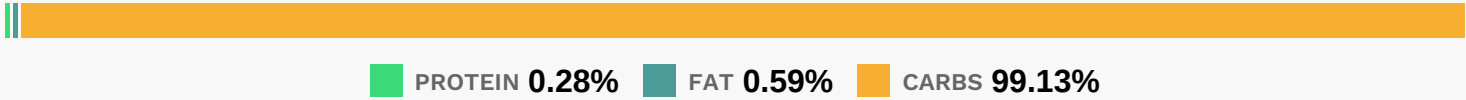
### Equipment

- ☐ whisk

### Directions

Whisk together powdered sugar, Sauvignon Blanc, and milk until smooth.

# Nutrition Facts



## Properties

Glycemic Index:7.6, Glycemic Load:0.05, Inflammation Score:1, Nutrition Score:0.14652173836594%

## Nutrients (% of daily need)

Calories: 146.63kcal (7.33%), Fat: 0.1g (0.15%), Saturated Fat: 0.06g (0.35%), Carbohydrates: 36.19g (12.06%), Net Carbohydrates: 36.19g (13.16%), Sugar: 35.35g (39.28%), Cholesterol: 0.36mg (0.12%), Sodium: 1.86mg (0.08%), Alcohol: 0.62g (100%), Alcohol %: 1.75% (100%), Protein: 0.1g (0.21%)