

Sauza® Guava Margarita



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



9

CALORIES



123 kcal

BEVERAGE

DRINK

Ingredients

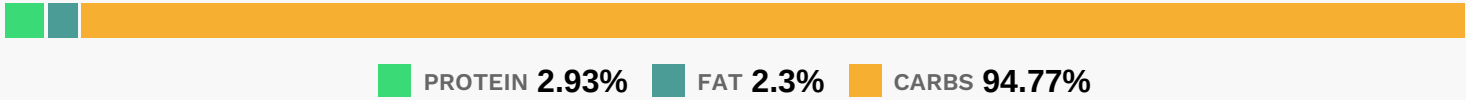
- ☐ 4.5 ounces guava cruzan®
- ☐ 1 tablespoon lime
- ☐ 18 ounces margarita cocktail
- ☐ 6 ounces orange juice
- ☐ 7.5 ounces silver tequila sauza®

Equipment

Directions

☐ Combine the ingredients without ice and shake vigorously. Then just pour this authentically Mexican mixture over ice in a 14 oz glass, garnish and serve.

Nutrition Facts



Properties

Glycemic Index:18.22, Glycemic Load:1.84, Inflammation Score:-3, Nutrition Score:3.3582608855289%

Flavonoids

Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 2.55mg, Hesperetin: 2.55mg, Hesperetin: 2.55mg, Hesperetin: 2.55mg Naringenin: 0.43mg, Naringenin: 0.43mg, Naringenin: 0.43mg, Naringenin: 0.43mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 122.81kcal (6.14%), Fat: 0.17g (0.27%), Saturated Fat: 0.04g (0.27%), Carbohydrates: 16.11g (5.37%), Net Carbohydrates: 15.28g (5.56%), Sugar: 14.91g (16.56%), Cholesterol: 0mg (0%), Sodium: 40.98mg (1.78%), Alcohol: 7.89g (100%), Alcohol %: 8.77% (100%), Protein: 0.5g (1%), Vitamin C: 41.96mg (50.86%), Fiber: 0.82g (3.29%), Folate: 12.67µg (3.17%), Potassium: 98.06mg (2.8%), Vitamin A: 126.58IU (2.53%), Copper: 0.05mg (2.32%), Vitamin B1: 0.03mg (1.87%), Manganese: 0.03mg (1.41%), Magnesium: 5.24mg (1.31%), Vitamin B6: 0.02mg (1.18%), Vitamin B3: 0.23mg (1.17%), Vitamin B5: 0.1mg (1.01%)