

## Sauza® Southwest Margarita

 **Gluten Free**  **Dairy Free**

READY IN



**45 min.**

SERVINGS



**7**

CALORIES



**192 kcal**

BEVERAGE

DRINK

### Ingredients

- 4.5 ounces curacao blue dekuyper®
- 1 tablespoon lime
- 18 ounces margarita cocktail
- 6 ounces orange juice
- 7.5 ounces gold tequila sauza®

### Equipment

## Directions

- Combine the ingredients without ice and shake vigorously. Then just pour the stunningly blue mixture over ice in a 14 oz glass, garnish and serve.

## Nutrition Facts

PROTEIN 0.77% FAT 0.49% CARBS 98.74%

## Properties

Glycemic Index:14.14, Glycemic Load:1.31, Inflammation Score:-2, Nutrition Score:1.1626086833522%

## Flavonoids

Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg Hesperetin: 3.27mg, Hesperetin: 3.27mg, Hesperetin: 3.27mg, Hesperetin: 3.27mg Naringenin: 0.55mg, Naringenin: 0.55mg, Naringenin: 0.55mg, Naringenin: 0.55mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

## Nutrients (% of daily need)

Calories: 191.79kcal (9.59%), Fat: 0.05g (0.08%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 22.6g (7.53%), Net Carbohydrates: 22.53g (8.19%), Sugar: 20.75g (23.06%), Cholesterol: 0mg (0%), Sodium: 52.32mg (2.27%), Alcohol: 15.61g (100%), Alcohol %: 13.49% (100%), Protein: 0.18g (0.35%), Vitamin C: 12.4mg (15.03%), Folate: 7.36µg (1.84%), Vitamin B1: 0.02mg (1.6%), Potassium: 50.08mg (1.43%)