

Savannah Cheesecake Cookies



Vegetarian

READY IN

ready

55 min.

SERVINGS

servings

25

CALORIES

calories

193 kcal

DESSERT

Ingredients

- ☐ 1 teaspoon almond extract
- ☐ 16 ounce cream cheese softened
- ☐ 3 large eggs
- ☐ 1 cup flour all-purpose
- ☐ 1 cup granulated sugar
- ☐ 0.3 cup brown sugar light packed
- ☐ 25 servings berries and mint leaves fresh for garnish
- ☐ 1 cup pecans chopped

☐ 1 stick butter salted melted

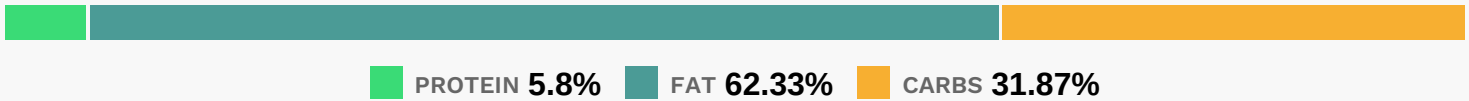
Equipment

- ☐ bowl
- ☐ oven
- ☐ blender
- ☐ baking pan

Directions

- ☐ Preheat the oven to 350 degrees F.
- ☐ Combine the flour, brown sugar, pecans and butter in a bowl.
- ☐ Mix until a dough forms. Press into an ungreased 9-by-13-inch baking dish and bake until lightly browned, 12 to 15 minutes.
- ☐ In a bowl, using a mixer, beat the cream cheese and granulated sugar until smooth.
- ☐ Add the eggs and extract; beat well.
- ☐ Pour over the crust and bake for 20 minutes. Cool completely.
- ☐ Cut into squares and decorate with berries and mint leaves.
- ☐ Photograph by Miki Duisterhof

Nutrition Facts



Properties

Glycemic Index:9.28, Glycemic Load:8.64, Inflammation Score:-3, Nutrition Score:3.5195652427881%

Flavonoids

Cyanidin: 0.47mg, Cyanidin: 0.47mg, Cyanidin: 0.47mg, Cyanidin: 0.47mg Delphinidin: 0.32mg, Delphinidin: 0.32mg, Delphinidin: 0.32mg, Delphinidin: 0.32mg Catechin: 0.32mg, Catechin: 0.32mg, Catechin: 0.32mg, Catechin: 0.32mg Epigallocatechin: 0.25mg, Epigallocatechin: 0.25mg, Epigallocatechin: 0.25mg, Epigallocatechin: 0.25mg Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg Hesperetin: 0.1mg,

Hesperetin: 0.1mg, Hesperetin: 0.1mg, Hesperetin: 0.1mg Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg

Nutrients (% of daily need)

Calories: 193.14kcal (9.66%), Fat: 13.7g (21.08%), Saturated Fat: 6.46g (40.35%), Carbohydrates: 15.76g (5.25%), Net Carbohydrates: 15.13g (5.5%), Sugar: 11.03g (12.26%), Cholesterol: 50.36mg (16.79%), Sodium: 95.68mg (4.16%), Alcohol: 0.05g (100%), Alcohol %: 0.14% (100%), Protein: 2.87g (5.73%), Manganese: 0.25mg (12.39%), Vitamin A: 433.95IU (8.68%), Selenium: 5.38µg (7.69%), Vitamin B2: 0.11mg (6.2%), Phosphorus: 50.68mg (5.07%), Vitamin B1: 0.08mg (5.04%), Folate: 15.86µg (3.96%), Copper: 0.07mg (3.61%), Calcium: 30.2mg (3.02%), Iron: 0.54mg (2.99%), Zinc: 0.42mg (2.78%), Vitamin B5: 0.27mg (2.66%), Vitamin E: 0.39mg (2.59%), Fiber: 0.63g (2.53%), Magnesium: 9.84mg (2.46%), Vitamin B3: 0.39mg (1.95%), Potassium: 65.55mg (1.87%), Vitamin B6: 0.03mg (1.7%), Vitamin B12: 0.1µg (1.68%)