

Savory Chocolate Napoleon

☒ Vegetarian ☒ Gluten Free

READY IN

ready

15 min.

SERVINGS

servings

40

CALORIES

calories

46 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 40 servings bittersweet chocolate
- ☐ 1 pound cream cheese softened
- ☐ 3 tablespoons chives fresh chopped
- ☐ 1 teaspoon paprika
- ☐ 1 pinch pepper
- ☐ 1 pinch salt

Equipment

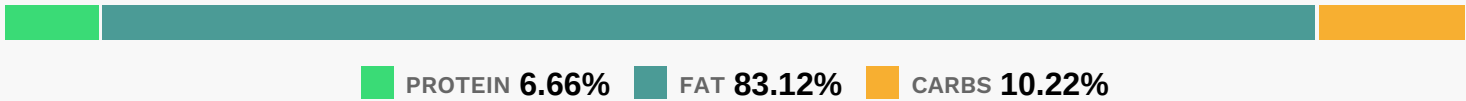
- ☐ bowl

- ☐ knife
- ☐ blender
- ☐ stand mixer
- ☐ pastry bag
- ☐ offset spatula

Directions

- ☐ Use an offset spatula to spread a 1/8-inch-thick layer of tempered chocolate over a sheet of acetate. When the chocolate begins to set but is not yet hard, use a sharp paring knife or rolling cutter to cut 1-inch squares. When the chocolate is set, peel off the acetate and break apart the chocolate squares.
- ☐ Place the softened cream cheese in the bowl of a stand mixer fitted with a paddle.
- ☐ Add the chives, paprika, salt and pepper and turn the mixer on medium speed.
- ☐ Mix just until combined.
- ☐ Place the cream cheese mixture in a pastry bag fitted with a star tip. Pipe a dollop of the cream cheese onto a chocolate square. Top with a square of chocolate. Pipe another dollop of cream cheese and cover with another square of chocolate. Viola!

Nutrition Facts



Properties

Glycemic Index:2.97, Glycemic Load:0.17, Inflammation Score:-1, Nutrition Score:0.78173913126406%

Flavonoids

Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg, Isorhamnetin: 0.02mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 45.69kcal (2.28%), Fat: 4.29g (6.6%), Saturated Fat: 2.51g (15.7%), Carbohydrates: 1.19g (0.4%), Net Carbohydrates: 1.08g (0.39%), Sugar: 0.8g (0.89%), Cholesterol: 11.51mg (3.84%), Sodium: 36.72mg (1.6%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.77g (1.55%), Vitamin A: 187.23IU (3.74%), Vitamin B2: 0.03mg (1.61%), Selenium: 1.06µg (1.52%), Phosphorus: 15.02mg (1.5%), Calcium: 11.95mg (1.2%)