

SOUR SPICY

RICH STRONG



WHATSheATE



Savory Cocktails: Sour Spicy Herbal Umami Bitter Smoky Rich Strong | Giveaway and Q&A with the Author



Vegetarian



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



59 kcal

SIDE DISH

Ingredients



2 fl. oz. seltzer water



2 hendrick's gin dry



0.5 fl. oz. honey black



1 fl. oz. juice of lemon freshly squeezed



2 rosemary leaves fresh divided

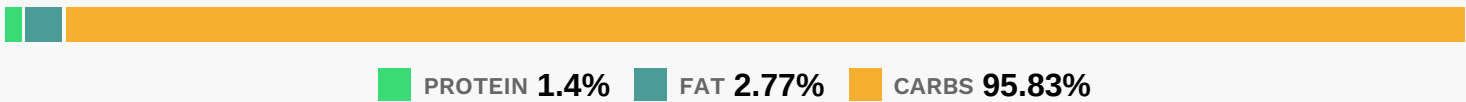
Equipment

☐ sieve

Directions

- ☐ Combine prepared black truffle honey and warm water in a 1:2 ratio.Stir together the gin, lemon juice, and honey syrup in a cocktail shaker, making sure the honey dissolves completely. Slap 1 rosemary sprig between both of your hands, or gently pinch it all over to release the oils, and add to the shaker. Fill the shaker 2⁄3 full with ice; cap and shake vigorously until the cocktail is well chilled. Using a Hawthorn strainer, double-strain through a wire-mesh sieve into an ice-filled highball glass. Top with club soda and stir gently.
- ☐ Garnish with the remaining rosemary sprig.

Nutrition Facts



Properties

Glycemic Index:67.27, Glycemic Load:6.35, Inflammation Score:-3, Nutrition Score:1.4134782481453%

Flavonoids

Eriodictyol: 1.44mg, Eriodictyol: 1.44mg, Eriodictyol: 1.44mg, Eriodictyol: 1.44mg Hesperetin: 4.28mg, Hesperetin: 4.28mg, Hesperetin: 4.28mg Naringenin: 0.91mg, Naringenin: 0.91mg, Naringenin: 0.91mg, Naringenin: 0.91mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 58.69kcal (2.93%), Fat: 0.19g (0.29%), Saturated Fat: 0.07g (0.43%), Carbohydrates: 14.64g (4.88%), Net Carbohydrates: 14.24g (5.18%), Sugar: 12.88g (14.32%), Cholesterol: 0mg (0%), Sodium: 13.85mg (0.6%), Alcohol: 0.67g (100%), Alcohol %: 0.79% (100%), Protein: 0.21g (0.43%), Vitamin C: 11.95mg (14.49%), Folate: 8.39µg (2.1%), Manganese: 0.04mg (1.78%), Fiber: 0.4g (1.6%), Potassium: 52.73mg (1.51%), Iron: 0.23mg (1.25%), Vitamin A: 60.25IU (1.21%), Calcium: 11.96mg (1.2%), Vitamin B6: 0.02mg (1.19%), Magnesium: 4.48mg (1.12%)