



Sazerac



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



174 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

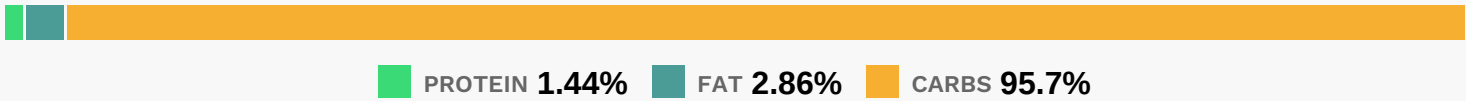
- ☐ 0.3 teaspoon anise liqueur
- ☐ 0.3 teaspoon peychaud's bitters
- ☐ 1 cup ice cubes
- ☐ 1 serving lemon rind strip
- ☐ 0.3 cup rye whiskey
- ☐ 1 teaspoon simple syrup glaze

Equipment

Directions

- ☐
- Stir together whiskey, simple syrup, bitters, and ice in a cocktail shaker until chilled. Coat inside of a chilled 3 1/2-ounce glass with liqueur; pour out excess. Rub lemon rind strip over rim, and place in glass. Strain whiskey mixture into prepared glass.
- ☐
- Drop In: Tarragon. The dainty, aromatic plant and Herbsainta key ingredient in this Southern concoctionsare sweet licorice undertones.

Nutrition Facts



Properties

Glycemic Index:20, Glycemic Load:0.02, Inflammation Score:-2, Nutrition Score:0.5339130366464%

Nutrients (% of daily need)

Calories: 174.06kcal (8.7%), Fat: 0.08g (0.12%), Saturated Fat: 0g (0.02%), Carbohydrates: 6.04g (2.01%), Net Carbohydrates: 5.94g (2.16%), Sugar: 5.35g (5.95%), Cholesterol: 0mg (0%), Sodium: 15.98mg (0.69%), Alcohol: 21.8g (100%), Alcohol %: 9.07% (100%), Protein: 0.09g (0.18%), Copper: 0.05mg (2.61%), Iron: 0.45mg (2.5%), Calcium: 11.51mg (1.15%), Vitamin B1: 0.02mg (1.04%)