



Sazerac Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



176 kcal

BEVERAGE

DRINK

Ingredients



1 serving ice cubes



1 cup ice cubes



1 lemon zest



2 fluid ounces rye whiskey



1 sugar cube



2 dashes angostura bitters®



3 dashes peychaud's bitters®



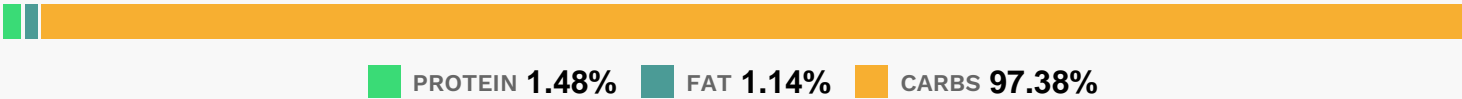
3 dashes peychaud's bitters®

Equipment

Directions

- ☐ Fill a rocks glass with 1 cup ice and set aside to chill, about 5 minutes. Discard ice.
- ☐ Combine Peychaud's Bitters, Angostura Bitters and sugar cube in a cocktail shaker; mash well with a cocktail muddler.
- ☐ Add 1 cup ice and whiskey. Stir until chilled and strain into the chilled glass.
- ☐ Twist a lemon peel over the surface of the cocktail to extract the essence; discard lemon peel.

Nutrition Facts



Properties

Glycemic Index:85.09, Glycemic Load:2.8, Inflammation Score:-2, Nutrition Score:0.93260869853522%

Nutrients (% of daily need)

Calories: 175.59kcal (8.78%), Fat: 0.03g (0.05%), Saturated Fat: 0g (0.01%), Carbohydrates: 5.92g (1.97%), Net Carbohydrates: 5.29g (1.92%), Sugar: 4.56g (5.07%), Cholesterol: 0mg (0%), Sodium: 15.03mg (0.65%), Alcohol: 22.19g (100%), Alcohol %: 7.73% (100%), Protein: 0.09g (0.18%), Vitamin C: 7.74mg (9.38%), Copper: 0.06mg (3.04%), Fiber: 0.64g (2.54%), Calcium: 16.86mg (1.69%)