

Scarecrow and Spider Cupcakes



Ingredients

- 0.5 cup sugar
 - 0.5 cup water
 - 2 tablespoons shortening
 - 1 tablespoon vanilla
 - 1 eggs
 - 16 oz vanilla frosting
 - 8 flat-bottom ice-cream cone
 - 1 serving strawberry jam
 - 1 serving grands flaky refrigerator biscuits shredded whole wheat crushed
 - 1 serving candy corn red such as candy corn, string licorice and small gumdrops assorted

- 32 beef rib steak
- 16 oz chocolate frosting
- 48 large gumdrops black
- 1 serving licorice rounds black cut into 4-inch pieces
- 1.5 cups frangelico

Equipment

- bowl frying pan oven toothpicks muffin liners
- garlic press

Directions

Heat oven to 375°F.

Place paper baking cup in each of 16 regular-size muffin cups, or grease and flour muffin cups.

Beat Bisquick mix, sugar, milk, shortening, vanilla and egg in large bowl on low speed 30 seconds, scraping bowl constantly. Beat on medium speed 4 minutes, scraping bowl occasionally. Fill muffin cups about half full.

Bake 15 to 20 minutes or until toothpick inserted in center comes out clean. Immediantly remove from pan; cool completely. Frost and decorate cupcakes as directed below for Scarecrows and Hairy Spiders.

Scarecrows: Frost 8 cupcakes with vanilla frosting. Decorate each ice-cream cone with bow made with fruit rolls.

Place ice-cream cone upside down on each cupcake for hat. Arrange crushed cereal on cupcakes for hair. Use candy corn for nose, red licorice and small gumdrops for mouth and candy eyes for eyes.

Hairy Spiders: Frost 8 cupcakes with chocolate frosting. Squeeze large black gumdrops, one at a time, through garlic press to form hair; arrange on cupcakes. Insert black licorice pieces into cupcakes for legs.

Nutrition Facts

PROTEIN 26.35% 📕 FAT 48.94% 📒 CARBS 24.71%

Properties

Glycemic Index:24.13, Glycemic Load:43.76, Inflammation Score:-4, Nutrition Score:36.351739007494%

Nutrients (% of daily need)

Calories: 1395.19kcal (69.76%), Fat: 76.03g (116.96%), Saturated Fat: 31.5g (196.86%), Carbohydrates: 86.36g (28.79%), Net Carbohydrates: 85.95g (31.25%), Sugar: 65.44g (72.71%), Cholesterol: 285.95mg (95.32%), Sodium: 387.17mg (16.83%), Alcohol: 0.28g (100%), Alcohol %: 0.06% (100%), Protein: 92.1g (184.19%), Selenium: 112.08µg (160.11%), Zinc: 23.37mg (155.83%), Vitamin B12: 7.53µg (125.46%), Vitamin B3: 22.55mg (112.73%), Vitamin B6: 1.82mg (90.78%), Vitamin B2: 1.22mg (71.56%), Phosphorus: 690.76mg (69.08%), Iron: 8.69mg (48.3%), Potassium: 1293.18mg (36.95%), Vitamin B1: 0.44mg (29.32%), Magnesium: 103.85mg (25.96%), Copper: 0.43mg (21.69%), Vitamin K: 11.59µg (11.04%), Vitamin E: 1.05mg (7%), Folate: 25.96µg (6.49%), Manganese: 0.12mg (5.95%), Calcium: 40.41mg (4.04%), Vitamin D: 0.51µg (3.38%), Vitamin A: 84.44IU (1.69%), Fiber: 0.41g (1.65%), Vitamin B5: 0.11mg (1.08%)