

Scarlet Fizz



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



265 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

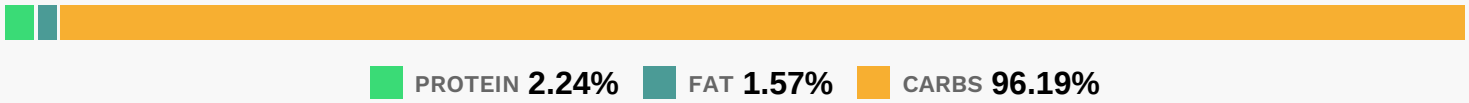
- ☐ 1 ounce hendrick's gin
- ☐ 2 ounces hibiscus-infused simple syrup
- ☐ 1 ounce sparkling wine
- ☐ 1 slice garnish: of star fruit

Equipment

Directions

- ☐
- In a cocktail shaker, combine Hibiscus-Infused Simple Syrup and gin; shake well. Strain the mixture into a chilled flute; top off with sparkling wine.
- ☐
- Garnish with a slice of star fruit, if desired; serve immediately.

Nutrition Facts



Properties

Glycemic Index:51, Glycemic Load:1.53, Inflammation Score:-4, Nutrition Score:5.2543477908425%

Nutrients (% of daily need)

Calories: 265.38kcal (13.27%), Fat: 0.36g (0.55%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 49.07g (16.36%), Net Carbohydrates: 46.05g (16.74%), Sugar: 46.13g (51.25%), Cholesterol: 0mg (0%), Sodium: 37.31mg (1.62%), Alcohol: 11.28g (100%), Alcohol %: 6.46% (100%), Protein: 1.14g (2.29%), Vitamin C: 37.15mg (45.03%), Iron: 2.25mg (12.51%), Fiber: 3.02g (12.1%), Copper: 0.17mg (8.42%), Vitamin B1: 0.09mg (6.04%), Potassium: 204.88mg (5.85%), Magnesium: 19.3mg (4.83%), Vitamin B5: 0.42mg (4.22%), Folate: 13.24µg (3.31%), Vitamin B2: 0.06mg (3.25%), Vitamin B3: 0.49mg (2.43%), Phosphorus: 22.88mg (2.29%), Manganese: 0.05mg (2.25%), Zinc: 0.27mg (1.81%), Selenium: 1.1µg (1.57%), Calcium: 13.16mg (1.32%), Vitamin A: 65.88IU (1.32%), Vitamin B6: 0.02mg (1.22%), Vitamin E: 0.16mg (1.08%)