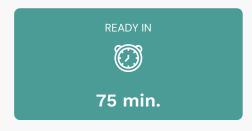


Scary Cat Cookies

airy Free







DESSERT

Ingredients

3 oz baker's chocolate
1 cup butter softened (do not use margarine)
0.5 cup sugar
2.3 cups flour all-purpose
1 teaspoon vanilla
1 eggs
1 serving sprinkles yellow

15 bacon bits miniature

	1 package twist and ends together to make a rough knob. cover yellow cut into 1-inch pieces	
	1 package twist and ends together to make a rough knob. cover cut into bits	
Equipment		
	bowl	
	baking sheet	
	sauce pan	
	oven	
	hand mixer	
	kitchen scissors	
Directions		
	Heat oven to 350°F. Grease cookie sheets with shortening.	
	In small saucepan, melt chocolate over low heat, stirring constantly. In large bowl, beat butter and sugar with electric mixer on medium speed, or mix with spoon. Stir in melted chocolate, flour, vanilla and egg.	
	Shape dough into 30 (1-inch) balls. Pull a little bit of dough from each of 15 balls to make tails; set aside.	
	Cut about 1/4-inch slit in same balls, using scissors. Separate dough at slit for cat's ears.	
	Place balls about 2 inches apart on cookie sheets.	
	Place remaining balls below each cat head on cookie sheets for body. Shape small pieces of dough into 15 (2 1/2-inch-long) ropes.	
	Place end of rope under each body.	
	Bake 12 to 14 minutes or until set.	
	Remove from cookie sheets to cooling racks. Cool 30 minutes.	
	Use sprinkles to make eyes and baking bits to make noses.	
	Add yellow licorice pieces for whiskers.	
	Add pink licorice for tongues.	

Nutrition Facts

Properties

Glycemic Index:9.67, Glycemic Load:15.01, Inflammation Score:-5, Nutrition Score:5.6817391901884%

Flavonoids

Catechin: 3.65mg, Catechin: 3.65mg, Catechin: 3.65mg, Catechin: 3.65mg Epicatechin: 8.04mg, Epicatechin: 8.04mg, Epicatechin: 8.04mg

Nutrients (% of daily need)

Calories: 244.14kcal (12.21%), Fat: 15.93g (24.5%), Saturated Fat: 4.55g (28.47%), Carbohydrates: 23.86g (7.95%), Net Carbohydrates: 22.31g (8.11%), Sugar: 7.46g (8.29%), Cholesterol: 10.91mg (3.64%), Sodium: 166.47mg (7.24%), Alcohol: 0.09g (100%), Alcohol %: 0.23% (100%), Caffeine: 4.54mg (1.51%), Protein: 3.5g (7%), Manganese: 0.37mg (18.29%), Selenium: 7.83µg (11.19%), Vitamin A: 557.16IU (11.14%), Vitamin B1: 0.16mg (10.95%), Copper: 0.22mg (10.92%), Iron: 1.92mg (10.66%), Folate: 38.7µg (9.68%), Vitamin B2: 0.12mg (7.03%), Fiber: 1.55g (6.2%), Magnesium: 24.45mg (6.11%), Vitamin B3: 1.21mg (6.03%), Phosphorus: 54.4mg (5.44%), Zinc: 0.73mg (4.9%), Vitamin E: 0.6mg (4.02%), Potassium: 79.5mg (2.27%), Calcium: 15.83mg (1.58%), Vitamin B5: 0.15mg (1.49%)