



Scottley's Basic Yellow Cake

READY IN



60 min.

SERVINGS



16

CALORIES



288 kcal

DESSERT

Ingredients

- ☐ 2.3 teaspoons double-acting baking powder
- ☐ 1 cup butter softened
- ☐ 3 cups cake flour sifted
- ☐ 2 eggs
- ☐ 1.3 cups milk
- ☐ 0.5 teaspoon salt
- ☐ 2 teaspoons vanilla extract
- ☐ 1.7 cups sugar white

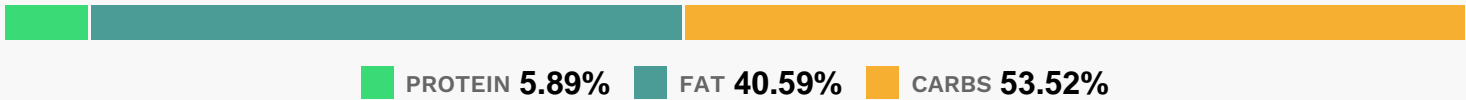
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ wire rack
- ☐ toothpicks

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C). Grease and flour 2 – 9 inch round cake pans.
- ☐ In a large bowl, cream together the butter and sugar until light and fluffy. Beat in the eggs one at a time, then stir in the vanilla. Sift together the flour, baking powder, and salt. Beat in the flour mixture alternately with the milk, mixing just until incorporated.
- ☐ Pour batter into prepared pans.
- ☐ Bake in preheated oven for 40to 45 minutes, or until a toothpick inserted into the center of the cake comes out clean.
- ☐ Let cool in pan for 10 minutes, then turn out onto a wire rack and cool completely.

Nutrition Facts



Properties

Glycemic Index:19.82, Glycemic Load:26.06, Inflammation Score:-3, Nutrition Score:3.7639130457588%

Nutrients (% of daily need)

Calories: 288.35kcal (14.42%), Fat: 13.14g (20.21%), Saturated Fat: 7.9g (49.37%), Carbohydrates: 38.97g (12.99%), Net Carbohydrates: 38.4g (13.96%), Sugar: 21.93g (24.37%), Cholesterol: 53.4mg (17.8%), Sodium: 239.78mg (10.43%), Alcohol: 0.17g (100%), Alcohol %: 0.25% (100%), Protein: 4.29g (8.58%), Selenium: 11.65µg (16.64%), Manganese: 0.19mg (9.51%), Vitamin A: 417.65IU (8.35%), Phosphorus: 69.92mg (6.99%), Calcium: 68.37mg (6.84%), Vitamin B2: 0.08mg (4.5%), Vitamin E: 0.49mg (3.27%), Vitamin B12: 0.18µg (3.05%), Vitamin B5: 0.28mg (2.79%), Folate: 10.74µg (2.69%), Zinc: 0.37mg (2.46%), Copper: 0.05mg (2.44%), Magnesium: 9.46mg (2.36%), Fiber: 0.56g (2.25%), Vitamin D: 0.33µg (2.22%), Vitamin B1: 0.03mg (2.21%), Iron: 0.38mg (2.13%), Potassium: 66.22mg (1.89%), Vitamin B6: 0.03mg (1.55%), Vitamin B3: 0.27mg (1.34%), Vitamin K: 1.14µg (1.09%)