

Scream! Cheese Swirl Brownies

Vegetarian







DESSERT

Ingredients

I box brownie mix betty crocker® (1lb 2.4 oz)
4 oz cream cheese softened (from 8 oz package
1 eggs

- 3 tablespoons sugar
- 0.3 teaspoon vanilla
- 16 servings vegetable oil for on brownie mix box
- 4 drops food coloring yellow

Equipment

	bowl	
	frying pan	
	oven	
	knife	
	hand mixer	
	toothpicks	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pan). Grease bottom only of 9-inch square pan with shortening or cooking spray. In small bowl, beat filling ingredients with electric mixer on low speed until smooth. Set aside.	
	Make brownie batter as directed on box.	
	Spread 3/4 of brownie batter in pan. Spoon filling by tablespoonfuls evenly onto brownie batter. Spoon remaining brownie batter over filling. For marbled design, pull knife through batter and filling in wide curves; turn pan and repeat, if desired.	
	Bake 40 to 44 minutes or until toothpick inserted 1 inch from side of pan comes out almost clean. Cool completely at room temperature, about 11/2 hours. Refrigerate at least 1 hour until chilled. For brownies, cut with plastic knife into 4 rows by 4 rows. Store covered in refrigerator.	
Nutrition Facts		
	PROTEIN 3.03% FAT 60.72% CARBS 36.25%	

Properties

Glycemic Index:6.07, Glycemic Load:1.68, Inflammation Score:-1, Nutrition Score:2.205652150447%

Nutrients (% of daily need)

Calories: 301.91kcal (15.1%), Fat: 20.56g (31.64%), Saturated Fat: 4.48g (28.03%), Carbohydrates: 27.62g (9.21%), Net Carbohydrates: 27.62g (10.04%), Sugar: 18.34g (20.38%), Cholesterol: 17.39mg (5.8%), Sodium: 119.26mg (5.19%), Alcohol: 0.02g (100%), Alcohol %: 0.05% (100%), Protein: 2.31g (4.62%), Vitamin K: 25.9µg (24.67%), Vitamin E: 1.24mg (8.23%), Iron: 0.96mg (5.31%), Vitamin A: 110.03IU (2.2%), Selenium: 1.47µg (2.1%), Vitamin B2: 0.03mg (1.73%), Phosphorus: 13.03mg (1.3%)