

Sea Breeze Mimosa

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



129 kcal

BEVERAGE

DRINK

Ingredients

- 0.3 cup 1/4 cup dried cranberry (juice sweetened if possible)
- 0.3 cup grapefruit juice
- 1 serving sparkling wine


Equipment

Directions

Pour cranberry juice and grapefruit juice into a champagne flute or a thin glass. Fill the remaining flute or glass with champagne or sparkling wine.

Serve immediately and keep the juices and bubbly chilled for refills.

Nutrition Facts

 **PROTEIN 4.14%**  **FAT 1.87%**  **CARBS 93.99%**

Properties

Glycemic Index:104, Glycemic Load:7.4, Inflammation Score:-5, Nutrition Score:3.2217391522034%

Nutrients (% of daily need)

Calories: 128.76kcal (6.44%), Fat: 0.14g (0.22%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 16g (5.33%), Net Carbohydrates: 15.87g (5.77%), Sugar: 15.85g (17.61%), Cholesterol: 0mg (0%), Sodium: 12.81mg (0.56%), Alcohol: 9.47g (100%), Alcohol %: 4.44% (100%), Protein: 0.7g (1.41%), Vitamin C: 21.75mg (26.37%), Potassium: 274.52mg (7.84%), Magnesium: 24.5mg (6.12%), Iron: 0.99mg (5.48%), Vitamin E: 0.76mg (5.06%), Phosphorus: 36.91mg (3.69%), Vitamin B6: 0.06mg (3.12%), Vitamin K: 3.23µg (3.07%), Copper: 0.05mg (2.55%), Calcium: 23.1mg (2.31%), Vitamin B3: 0.38mg (1.91%), Zinc: 0.24mg (1.6%), Vitamin B2: 0.03mg (1.54%)