

# Semi-Sweet Chocolate Glaze



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



5

CALORIES



213 kcal

SIDE DISH

## Ingredients

- 1 Tbsp butter
- 1 cup powdered sugar
- 3 oz baker's semi-sweet chocolate
- 0.5 tsp vanilla
- 0.3 cup water

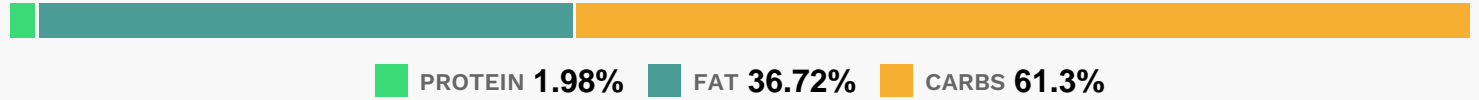
## Equipment

- bowl
- microwave

## Directions

- Microwave chocolate, water and butter in large microwaveable bowl on HIGH 1 min. or until chocolate is almost melted, stirring after 30 sec.
- Stir until chocolate is completely melted.
- Add sugar and vanilla; stir until well blended.

## Nutrition Facts



## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:2.7382608815704%

## Nutrients (% of daily need)

Calories: 213.19kcal (10.66%), Fat: 8.77g (13.49%), Saturated Fat: 4.22g (26.34%), Carbohydrates: 32.95g (10.98%), Net Carbohydrates: 31.59g (11.49%), Sugar: 29.77g (33.08%), Cholesterol: 1.02mg (0.34%), Sodium: 29.21mg (1.27%), Alcohol: 0.14g (100%), Alcohol %: 0.33% (100%), Caffeine: 14.63mg (4.88%), Protein: 1.07g (2.13%), Manganese: 0.23mg (11.37%), Copper: 0.22mg (10.81%), Magnesium: 30.19mg (7.55%), Iron: 1.09mg (6.06%), Fiber: 1.36g (5.44%), Phosphorus: 44.89mg (4.49%), Zinc: 0.45mg (3.03%), Potassium: 98.72mg (2.82%), Selenium: 1.57µg (2.25%), Vitamin A: 108.66IU (2.17%), Vitamin E: 0.19mg (1.25%), Calcium: 12.03mg (1.2%), Vitamin K: 1.22µg (1.17%)