

Semi-Sweet Chocolate Glaze



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



6

CALORIES



178 kcal

SIDE DISH

Ingredients

- 1 Tbsp butter
- 1 cup powdered sugar
- 3 oz baker's semi-sweet chocolate
- 0.5 tsp vanilla
- 0.3 cup water

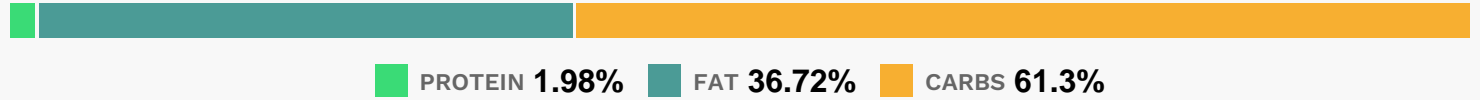
Equipment

- bowl
- microwave

Directions

- Microwave chocolate, water and butter in large microwaveable bowl on HIGH 1 min. or until chocolate is almost melted, stirring after 30 sec.
- Stir until chocolate is completely melted.
- Add sugar and vanilla; stir until well blended.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:2.2817391489187%

Nutrients (% of daily need)

Calories: 177.66kcal (8.88%), Fat: 7.31g (11.24%), Saturated Fat: 3.51g (21.95%), Carbohydrates: 27.46g (9.15%), Net Carbohydrates: 26.32g (9.57%), Sugar: 24.81g (27.56%), Cholesterol: 0.85mg (0.28%), Sodium: 24.35mg (1.06%), Alcohol: 0.12g (100%), Alcohol %: 0.33% (100%), Caffeine: 12.19mg (4.06%), Protein: 0.89g (1.78%), Manganese: 0.19mg (9.47%), Copper: 0.18mg (9.01%), Magnesium: 25.16mg (6.29%), Iron: 0.91mg (5.05%), Fiber: 1.13g (4.54%), Phosphorus: 37.41mg (3.74%), Zinc: 0.38mg (2.53%), Potassium: 82.27mg (2.35%), Selenium: 1.31µg (1.87%), Vitamin A: 90.55IU (1.81%), Vitamin E: 0.16mg (1.04%)