



Sepia's Death & Taxes



Vegetarian



Vegan



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



895 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 Dash angostura bitters
- ☐ 1 Dash grapefruit juice fresh
- ☐ 2 lime
- ☐ 0.8 ounce juice of lemon fresh
- ☐ 1.5 ounces scotch whiskey
- ☐ 0.8 ounce tea
- ☐ 1 oregano
- ☐ 1 cup sugar

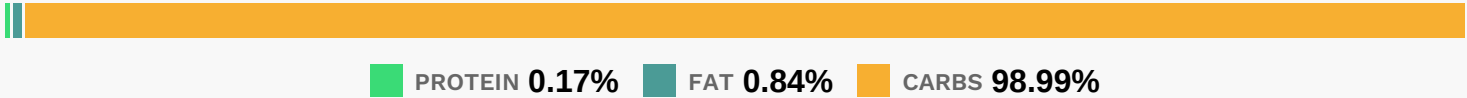
☐ 1 cup water boiling

Equipment

Directions

- ☐ To make Oregano Earl Grey syrup, brew 1 cup Earl Grey tea with oregano along with tea bag.
- ☐ Remove teabag and oregano and discard. Stir in sugar until dissolved.
- ☐ Let cool.
- ☐ In a cocktail shaker, combine 3/4 ounce Oregano Earl Grey syrup, Scotch, Metaxa, lemon juice, grapefruit juice, and bitters.
- ☐ Add ice and shake vigorously. Strain into a chilled coupe glass. Express oils from one grapefruit twist over glass and garnish with the other.

Nutrition Facts



Properties

Glycemic Index:138.09, Glycemic Load:139.69, Inflammation Score:-8, Nutrition Score:3.4495652214341%

Flavonoids

Catechin: 0.32mg, Catechin: 0.32mg, Catechin: 0.32mg, Catechin: 0.32mg Epigallocatechin: 1.71mg, Epigallocatechin: 1.71mg, Epigallocatechin: 1.71mg, Epigallocatechin: 1.71mg Epicatechin: 0.45mg, Epicatechin: 0.45mg, Epicatechin: 0.45mg, Epicatechin: 0.45mg Epicatechin 3-gallate: 1.25mg, Epicatechin 3-gallate: 1.25mg, Epicatechin 3-gallate: 1.25mg, Epicatechin 3-gallate: 1.25mg Epigallocatechin 3-gallate: 1.99mg, Epigallocatechin 3-gallate: 1.99mg, Epigallocatechin 3-gallate: 1.99mg, Epigallocatechin 3-gallate: 1.99mg Theaflavin: 0.34mg, Theaflavin: 0.34mg, Theaflavin: 0.34mg Thearubigins: 17.29mg, Thearubigins: 17.29mg, Thearubigins: 17.29mg, Thearubigins: 17.29mg Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg Kaempferol: 0.3mg, Kaempferol: 0.3mg, Kaempferol: 0.3mg, Kaempferol: 0.3mg Myricetin: 0.1mg, Myricetin: 0.1mg, Myricetin: 0.1mg, Myricetin: 0.1mg Quercetin: 0.54mg, Quercetin: 0.54mg, Quercetin: 0.54mg, Quercetin: 0.54mg Theaflavin-3,3'-digallate: 0.37mg, Theaflavin-3,3'-digallate: 0.37mg, Theaflavin-3,3'-digallate: 0.37mg, Theaflavin-3,3'-digallate: 0.37mg Theaflavin-3'-gallate: 0.32mg, Theaflavin-3'-gallate: 0.32mg, Theaflavin-3'-gallate: 0.32mg, Theaflavin-3'-gallate: 0.32mg Gallocatechin: 0.27mg, Gallocatechin: 0.27mg, Gallocatechin: 0.27mg, Gallocatechin: 0.27mg

Nutrients (% of daily need)

Calories: 894.71kcal (44.74%), Fat: 0.77g (1.19%), Saturated Fat: 0.03g (0.18%), Carbohydrates: 203.95g (67.98%), Net Carbohydrates: 202.19g (73.52%), Sugar: 200.96g (223.29%), Cholesterol: 0mg (0%), Sodium: 15.67mg (0.68%), Alcohol: 15.76g (100%), Alcohol %: 3.72% (100%), Caffeine: 4.25mg (1.42%), Protein: 0.35g (0.7%), Vitamin C: 24mg (29.09%), Fiber: 1.76g (7.05%), Vitamin K: 6.22µg (5.92%), Manganese: 0.11mg (5.52%), Calcium: 42.5mg (4.25%), Copper: 0.08mg (4.04%), Vitamin B2: 0.06mg (3.5%), Iron: 0.6mg (3.32%), Folate: 9.27µg (2.32%), Magnesium: 8.88mg (2.22%), Vitamin B6: 0.04mg (2.04%), Selenium: 1.35µg (1.93%), Potassium: 67.61mg (1.93%), Vitamin E: 0.24mg (1.63%), Vitamin B1: 0.02mg (1.16%)