



Sepia's Hello, Holy Rollers!



Vegetarian



Vegan



Dairy Free

READY IN



1 min.

SERVINGS



1

CALORIES



223 kcal

BEVERAGE

DRINK

Ingredients

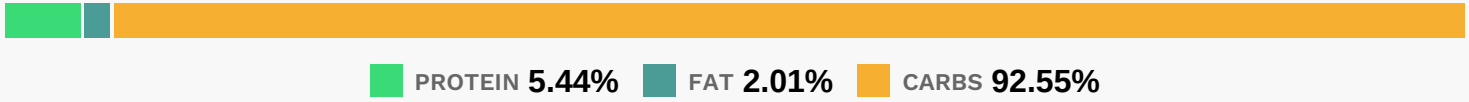
- ☐ 1 Dash angostura bitters
- ☐ 2 ounces bourbon
- ☐ 1 serving cinnamon sticks for grating
- ☐ 0.5 ounce juice of lemon fresh
- ☐ 1 serving cranberry-orange relish
- ☐ 0.8 ounce port wine dry white
- ☐ 1 Dash simple syrup glaze

Equipment

Directions

- ☐
- Combine bourbon, white port, barolo chinato, lemon juice, simple syrup, and bitters in a cocktail shaker.
- ☐
- Add ice and shake vigorously. Strain into a chilled coupe glass.
- ☐
- Garnish with an orange twist and freshly grated cinnamon.

Nutrition Facts



Properties

Glycemic Index:62.5, Glycemic Load:3.62, Inflammation Score:-6, Nutrition Score:6.6465217082397%

Flavonoids

Petunidin: 1.41mg, Petunidin: 1.41mg, Petunidin: 1.41mg, Petunidin: 1.41mg Delphinidin: 0.83mg, Delphinidin: 0.83mg, Delphinidin: 0.83mg, Delphinidin: 0.83mg Malvidin: 20.16mg, Malvidin: 20.16mg, Malvidin: 20.16mg, Malvidin: 20.16mg Peonidin: 0.84mg, Peonidin: 0.84mg, Peonidin: 0.84mg, Peonidin: 0.84mg Catechin: 2.1mg, Catechin: 2.1mg, Catechin: 2.1mg, Catechin: 2.1mg Epicatechin: 1.61mg, Epicatechin: 1.61mg, Epicatechin: 1.61mg, Epicatechin: 1.61mg Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 26.58mg, Hesperetin: 26.58mg, Hesperetin: 26.58mg, Hesperetin: 26.58mg Naringenin: 13.98mg, Naringenin: 13.98mg, Naringenin: 13.98mg, Naringenin: 13.98mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.87mg, Quercetin: 0.87mg, Quercetin: 0.87mg, Quercetin: 0.87mg

Nutrients (% of daily need)

Calories: 222.8kcal (11.14%), Fat: 0.17g (0.26%), Saturated Fat: 0.03g (0.16%), Carbohydrates: 17.31g (5.77%), Net Carbohydrates: 14.05g (5.11%), Sugar: 11.33g (12.59%), Cholesterol: 0mg (0%), Sodium: 3.4mg (0.15%), Alcohol: 22.64g (100%), Alcohol %: 15.42% (100%), Protein: 1.02g (2.04%), Vitamin C: 53.44mg (64.78%), Manganese: 0.41mg (20.45%), Fiber: 3.26g (13.06%), Folate: 29.95µg (7.49%), Vitamin B1: 0.09mg (6.04%), Potassium: 207.45mg (5.93%), Calcium: 58.72mg (5.87%), Vitamin A: 209.25IU (4.19%), Copper: 0.07mg (3.56%), Magnesium: 13.06mg (3.27%), Vitamin B6: 0.06mg (3.21%), Vitamin B2: 0.05mg (2.68%), Vitamin B5: 0.26mg (2.58%), Iron: 0.38mg (2.1%), Phosphorus: 19.28mg (1.93%), Vitamin B3: 0.35mg (1.73%), Vitamin E: 0.23mg (1.53%)