



Sesame-Ginger Sauce



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



32

CALORIES



5 kcal

SAUCE

Ingredients

- ☐ 0.3 teaspoon pepper red crushed
- ☐ 1 tablespoon sesame oil dark
- ☐ 1 teaspoon ginger fresh minced peeled
- ☐ 1 garlic clove minced
- ☐ 2 tablespoons soya sauce low-sodium
- ☐ 2 tablespoons rice wine vinegar
- ☐ 1 tablespoon water

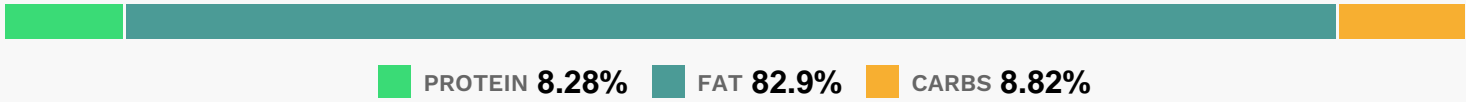
Equipment

whisk

Directions

Combine all ingredients, stirring well with a whisk.

Nutrition Facts



Properties

Glycemic Index:2.97, Glycemic Load:0.01, Inflammation Score:-1, Nutrition Score:0.092608694958946%

Nutrients (% of daily need)

Calories: 4.85kcal (0.24%), Fat: 0.44g (0.68%), Saturated Fat: 0.06g (0.39%), Carbohydrates: 0.11g (0.04%), Net Carbohydrates: 0.09g (0.03%), Sugar: 0.01g (0.01%), Cholesterol: 0mg (0%), Sodium: 36.32mg (1.58%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.1g (0.2%)